# <u>Community Resources\*</u> Grouped By Specialty Category

\*These resources are listed for informational purposes only and do not imply endorsement by the Burrillville School Department.

## Prepared by Kim Pristawa, last updated 11/21/2011

Reminder: contact Kim regarding any changes so that the original file always stays up-to-date @

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#### Abuse/Neglect

#### **RI Child Abuse Hotline**

1-800-RI-CHILD

RI has a Mandatory Reporting Law – call this line with all reports of abuse or neglect within Rhode Island

## Rhode Island Department of Behavioral Healthcare, Developmental Disabilities, & Hospitals Division of Developmental Disabilities (DDD)

• To report abuse/neglect of individuals 18+ with developmental disabilities, call: the Investigative Unit at (401) 462-2429 (Rafaella Miller) or (401) 462-2629 (Diane)

## **RI Division of Elderly Affairs**

http://www.dea.state.ri.us/

• To report abuse or neglect of an individual age 60+, call Protective Services at: (401) 462-0555

#### The National Child Abuse Hotline

1-800-422-4453 (can provide you with the hotline # for any state)

#### **Prevent Child Abuse Rhode Island**

500 Prospect Street, Pawtucket, RI 02860 (401) 728-7920 www.preventchildabuse-ri.org

## RI Department of Children, Youth, and Families (DCYF)

<a href="http://www.dcyf.state.ri.us">http://www.dcyf.state.ri.us</a> (website has an entire section of links to various community resources) Intake: (401) 528-3593

Master File: (401) 528-3844 (to check on status of case, see if a family is currently DCYF involved)

- There are four regions of Family Service Units that provide ongoing social services and case management; *Burrillville is in Region 4*:
  - o Region 1-Providence
  - o Region 2-East Bay
  - o Region 3-Kent & Washington Counties
  - o \*Region 4-North & Northwestern RI\*
- Region 4 office located at: 249 Roosevelt Avenue, Pawtucket, RI 02860 (401) 721-2400

#### **ADHD**

## CHADD- Children and Adults with Attention-Deficit/Hyperactivity Disorder

- www.chadd.org
  - Provides support groups through local chapters, advocacy & research dissemination, conferences, and a magazine
  - RI Chapter of CHADD: (401) 943-9399, located in East Providence

#### **Centers for Disease Control and Prevention (CDC)**

www.cdc.gov

## Meg Gomes, MSW, ACSW, LICSW

Clinical Therapist in West Warwick

401-862-PEAK

• works with intense children diagnosed with ADHD; specializes in nurtured heart approach

#### **National Institute of Mental Health**

www.nimh.nih.gov/publicat/adhd.cfm www.nimh.nih.gov/healthinformation/adhdmenu.cfm

#### **Psychological Associates**

www.psychologicalassociatesri.com Offices in Warwick, Providence, and Smithfield (401) 821-4100; new patients dial extension 18 1-800-391-3888

- Provides ADHD testing and counseling
- Also offers individual, family, and couple counseling in the areas of anger management, anxiety, and depression, as well as study skills, social skills and parenting classes

## **Alternative Educational Placements**

**Harmony Hill School** 

www.hhs.org 63 Harmony Hill Road Chepachet, RI 02814 (401) 949-0690

#### **Northern RI Collaborative**

http://www.nric-ri.org/ 640 George Washington Highway, Suite 200 Lincoln, RI 02865 (401) 495-2000

- Various locations throughout northern RI
- The Collaborative serves: Burrillville, North Providence, Central Falls, North Smithfield, Smithfield, Cumberland, Pawtucket, Johnston, Lincoln, & Woonsocket

#### The Providence Center School

http://www.tpcschool.org/ 520 Hope Street

220 Hope Succi

Providence, RI

- unique, special needs school serving children in grades pre-K through 12 who are experiencing acute behavioral and emotional symptoms
- Contact: Principal Marty Morris at (401) 276-4000 or (401) 276-4020

## **Valley Schools (part of Gateway Healthcare)**

http://www.gatewayhealth.org/ch\_valley.asp Gateway Healthcare Administrative Offices 249 Roosevelt Avenue, Suite 205, Pawtucket, RI 02860 (401) 724-8400

- Offers alternative educational opportunities for students with behavioral needs
  - o Valley Day Program, ages 5-14 (locations in Pawtucket and Cranston)
  - o Valley Community School, ages 11-21 (locations in Pawtucket, Cranston and Middletown)
  - Vocational Program, ages 16-21

## **Viola M. Berard School (part of Northern RI Community Services)**

181 Cumberland Street Woonsocket, RI (401) 235-7423

#### **Anger Management**

See also: Outside Referrals for Anger Management handout for parents

#### **Tri-Town Community Action Agency**

http://www.tri-town.org/whatsnew.html

1126 Hartford Avenue, Johnston, RI

(401) 351-2750

- Offers anger management groups for teens ages 11 to 18; one group for 11-14, one group for 15-18; all new referrals go through an intake meeting, and parent permission is required
- Cost is \$5 per session; all sessions held at Johnston office
- Staff has gone through a certification process and are "anger management specialists"
- Meet weekly for 8 sessions on Tuesdays; ages 11-14 from 4-5pm, ages 15-18 from 3-4pm
- For more information, contact Pattie Sweet at 519-1903 or Donna Levesque at 519-1970

#### **CCAP's Doric Center**

311 Doric Avenue, Cranston, RI 02910

• Have offered 8-week clinical treatment groups focusing on anger management for teens, both male and female; Contact: Victoria at (401) 467-9610, ext. 133

#### David H. Yuells, ACSW, LICSW

Pawtucket, RI

(401) 527-6495

Offers anger management groups for elementary through high school youth

#### **Family Resources Community Action**

www.famresri.org

245 Main Street, Woonsocket, RI

(401) 766-0900 – main number

• Offers anger management group for age 18+, contact Melissa Grisi at 235-6077

## **Psychological Associates**

www.psychologicalassociatesri.com

Offices in Warwick, Providence, and Smithfield

(401) 821-4100; new patients dial extension 18 OR 1-800-391-3888

- Offers individual, family, and couple counseling in the areas of anger management, anxiety, and depression, as well as study skills, social skills and parenting classes
- Also provides ADHD testing and counseling

#### **Anxiety**

#### **Pediatric Anxiety Research Clinic (PARC)**

(Bradley/Hasbro's Children's Research Center affiliated with Brown Medical School and RI Hospital)

#### www.anxiouskids.org

(401) 444-3003 - Alexa

(401) 444-2178 - Noah

#### Offers:

- Treatment for OCD for children ages 5 to 8;
- Treatment for OCD for children and teens ages 7 to 17 who still have symptoms while on OCD meds
- Complete anxiety disorders evaluations for children and teens ages 5 to 17
- Most PARC treatments and assessments are free of charge

#### Dr. Choate

RIH Dept of Psychiatry (401) 444-8945

[See also: Cognitive Behavioral Therapy section in this packet]

## **Autistic Spectrum Disorders**

See also: Social Skills Training & Referrals for Students with Autistic Spectrum Disorders handout for parents

#### **Autism Collaboration**

www.autism.org

#### The Autism Project of Rhode Island

www.theautismproject.org

1516 Atwood Avenue

Johnston, RI 02919

(401) 785-2666; Contact person - Sue Sposato

• Offers many different programs specifically for parents and their children diagnosed with Autistic Spectrum Disorders, including Asperger's

#### Programs for Parents:

- A Starting Point training series for parents and professionals working with individuals with Autistic Spectrum Disorders
- o Parent to Parent training series presented by parent coaches
- Aspire training series for parents and professionals working with individuals with Asperger's Syndrome

#### The Autism Project of Rhode Island (cont.'d)

www.theautismproject.org

1516 Atwood Avenue

Johnston, RI 02919

(401) 785-2666; Contact person - Sue Sposato

#### **Programs for Students:**

- o Summer Camp (call 785-2666 x103)
- o Social Thinking Program-social communications group for students
- Superhero Academy ages 5-12
- o Social Detective Agency ages 10-15

- o Are you thinking what I'm thinking ages 16 and up
- o Take a Bite! language based sensory group for children ages 4-7
- Yoga- self- calming strategies for participants ages 8-21
- o Move and Groove social group designed to teach fundamental skills of play and leisure
- o Leaps and Bounds play group utilizing visual supports for children ages 4-10
- o Game On! group to help improve functional skills in sporting activities for children and teens
- o Club Jr. social skills group for children ages 10-14
- o Club Jr. Life Strategies structured group for learning life skills for children ages 10-14
- The Club social skills group for teens
- o Creative Expressions social communication group utilizing art projects
- Chill Zone –monthly outings for 14-19 year olds diagnosed with Asperger Syndrome or related social deficits
- o Girls Night Out- monthly social activities for females ages 9-12 and 13-17

#### The Autism Society of America

www.autism-society.org

Rhode Island Chapter (<u>www.asa-ri.org</u>)

PO Box 16603, Rumford, Rhode Island

(401) 595-3241

• Offers information, support, and training to families

## The Autistic Spectrum Disorder Support Center through the RI Technical Assistance Project (RITAP) www.ritap.org

Contact Sue Constable at: (401) 222-8984 or <a href="mailto:sconstable@ritap.org">sconstable@ritap.org</a>.

 Provides consultations, professional development opportunities, and resource materials for educators and parents.

#### **Groden Center**

www.grodencenter.org

- -Administrative Office and Day Program 86 Mount Hope Avenue, Providence, RI 02906 (401) 274-6310
  - Offers library for parents and consultation in schools for students with Autistic Spectrum Disorders
- -Community Support Services

610 Manton Avenue

Providence, RI 02909

(401) 274-6310

- Offers various social skills groups throughout the year for students with Autistic Spectrum Disorders (or similar social needs), including social thinking groups, bullying groups, etc.
- Any questions about groups should be directed to: Maggie Powers ext. 1242

#### The Neurodevelopment Center

www.neurodevelopmentcenter.com

Laurence Hirshberg, Ph.D., Director (401) 351-7779

- Offers assessment, counseling, and friendship groups for children and adolescents with Autism, Asperger's and Nonverbal Learning Disorders.
- Offers a program (Cogmed) to improve working memory

#### **Rhode Island Autism Resource Guide**

 $\underline{http://www.health.ri.gov/publications/guidebooks/2011ForFamiliesOfChildrenWithAutismSpectrumDisorders.pdf}$ 

## **Bereavement/Grief Counseling**

See also: Bereavement/Grief Counseling Referrals and Resources handout for parents

#### **Camp Erin**

Sponsored by the Moyer Foundation

http://www.moyerfoundation.org/events/erin.aspx

- A weekend-long camp experience for children/adolescents ages 6-17 who have experienced the loss of a parent, friend, or loved one. It provides traditional camp activities combined with grief education & is free of charge.
- Sponsored by The Moyer Foundation (started by Jamie Moyer MLB pitcher & his wife) & currently has 28 camp sites in 18 states
- Staffed by grief professionals & trained volunteers; they are currently trying to expand the program so it exists in every state. The closest location for our students is in Fall River, MA.

#### **FRIENDS Way**

http://www.friendsway.org/ 765 West Shore Road Warwick, RI 02889 (401) 921-0980

- Laurie Fitzgerald, Program Director
- non-profit, children's bereavement peer support group that serves children ages 3-19 and their primary caregivers; peer support model runs groups, does not offer individual counseling
- groups meet every other week on Mondays and Tuesdays; groups are ongoing but take a break in the summer months
- they ask that attendance be consistent throughout the year and they do not allow a child to begin group until 3-6 months following the death
- grouped by age level, no more than 10 in a group, groups staffed by trained volunteers who range in age from college students to senior citizens
- staff are also available to provide education, training, and crisis intervention

#### Gateway Healthcare, Inc. (Children's Intensive Services)

Administrative Office

249 Roosevelt Ave, Suite 205, Pawtucket, RI 02860 (401) 724-8400

Children's Intensive Services - Specialized Treatment for Children and Youth with Complicated Grief

• team of specialized clinical and case management professionals works with the family to identify needs and determine most appropriate and effective level of care

- CIS team works collaboratively with FRIENDS WAY
- CIS Admission Criteria:
  - o Ages 2-18 years (up to age 21 if active with DCYF)
  - Exhibits significant impairment in any of the following areas: (1) autonomous functioning,
     (2) community, (3) family, (4) school
  - OR experiencing the following symptoms: psychotic, suicidal, significant risk for violence, at-risk for out-of-home placement
- For more information or to make an appointment, call (401) 691-3991

#### Home & Hospice Care of Rhode Island

http://www.hhcri.net/

(401) 727-7098

- Offers bereavement support groups that are open to the public whether or not hospice services are
  used; six-week sessions at various locations in RI call above number for more info registration
  is required.
- Groups are designed to guide individuals through the normal grief process after the loss of a loved one; goals include help with restoring your spirit, teaching normal responses, exploring fond memories & feelings, and creating a community of support
- Check out this link to see schedule of events for support groups and other programs that are
  offered through Hospice:
  <a href="http://www.hhcri.net/ProgramsandServices/BereavementSupport/BereavementSupportGroupsEvents/tabid/253/Default.aspx">http://www.hhcri.net/ProgramsandServices/BereavementSupport/BereavementSupportGroupsEvents/tabid/253/Default.aspx</a>
- Also offers a two-day summer camp for youth (Camp Braveheart)
- There is also a monthly drop-in group at the Greenville Public Library, 573 Putnam Pike, Smithfield, from 6 to 7:30pm on the second Monday of every month; registration is not required for this group

#### **Rainbows**

http://www.rainbows.org/

Local Chapter in Burrillville: Nicki's Rainbow (began training in October 2009)

Contact person: Jen Bergin

- Staffed by volunteers who participate in an online, self-directed training course
- Burrillville chapter is comprised of volunteers who are local residents (some parents, coaches and staff members) who are interested in helping children undergoing any life-changing event, such as death of a family member, life-threatening illness, parental divorce, family catastrophe, etc.

#### Suzanne DeFedele, RN, MS, PCNS (Psychiatric Clinical Nurse Specialist)

Private practice in Lincoln, RI (401) 723-7007

## **Helpful websites for Bereavement Issues:**

www.dougy.org www.griefnet.org www.kidsaid.com

#### **Bipolar Disorder**

## The Child and Adolescent Bipolar Foundation

1-847-256-8525

www.bpkids.org

## **Depression and Bipolar Support Alliance**

1-800-826-3632

www.dballiance.org

## **Body Image**

## The Body Image Program

www.BodyImageProgram.com

**Butler Hospital** 

345 Blackstone Boulevard

Providence, RI 02906

(401) 455-6466

email: BDD@butler.org

• Program Director is Katharine Phillips, M.D; she specializes in Body Dysmorphic Disorder

## **Bullying**

Official U.S. Government Website: www.stopbullying.gov

Special RI Senate Commission Website: www.stopbullyingri.org

## Cancer

#### Kid Talk 2009

1 Blackstone Place

Providence, RI

- Complimentary six-week support group open to children and adolescents in RI, CT, and Southern
  MA; described as a place where children and adolescents, whose caregivers have been diagnosed
  with cancer, have a chance to meet and share their experiences while enjoying snacks and fun
  activities
- Facilitated by the social work staff of the Program in Women's Oncology at Women & Infants Hospital
- For more info. or to sign up, contact Courtney Dieterich, LCSW at (401) 274-1122, ext. 7284

#### **Cancer Support Groups**

Through Rhode Island Hospital/Hasbro Children's Hospital <a href="http://www.lifespan.org/services/support/prov.htm">http://www.lifespan.org/services/support/prov.htm</a>

#### Parents Support Group

5:30 - 7 p.m. Last Friday of each month (expect July - August) Hasbro Children's Hospital Parents Lounge, fifth floor Call Donna Cambio at 401-444-7436 for additional information

#### o Teen Support Group

5:30 - 7 p.m. Last Friday of each month (expect July - August) Hasbro Children's Hospital Call Lisa Cantore at 401-444-6903 for additional information

#### Sibling Support Group

For siblings of children being treated for cancer or other chronic illnesses Call Jessica Cappuccilli at 401-444-8945

## Parent Bereavement Support Group

For any parent who has lost a child from cancer Call Rachael Bloch at 401-444-9037 for additional information

## o Brain Tumor Support Group

3 p.m. The 2nd & 4th Tuesday of each month Leone Conference Room, APC Comprehensive Cancer Center at Rhode Island Hospital For patients and Caregivers Please contact Diane Passantino, LICSW 401-444-5519 for further information. No registration required

#### **Child Outreach**

#### **Child Outreach for Burrillville**

Maureen Ciotola, Coordinator (401) 647-7560

## **Cognitive Behavioral Therapy**

RI Center for CBT ph#: 294-0451

Providence Psychology Services, LLC ph#: 273-3322

Rhode Island Hospital Anxiety Disorders Clinic ph#: 277-0703

Psychological Associates ph#: 821-4100

Janet Kago – accepts BCBS RI only, 401-837-2599, 225 Newman Ave; Rumford, RI

Mary Allard – also at 225 Newman Ave; Rumford, RI. –434-0034, accepts UBH, BCBS RI

Jennifer Jenks, Providence ph#: 273-5605

Shari Wasserstein Elice - East Greenwich ph#: 398-0983, only takes Blue Cross

Julia Berkman - Norwood, MA ph#: 781-551-0999

## **Counselors (Adults)**

Below are counselors who see adults ages 18+, some also see children and adolescents

#### **Lincoln Psychiatric Services**

(401) 334-1830

- Psychiatrist is Dr. Fitzhugh
- Nancy Delsesto is one of the therapists who rents space

#### **Anchor Counseling**

http://www.anchorcounselingcenter.com/

(401) 475-9979

## **Mary Allard**

Cranston, RI

(401) 383-3891

- Works with children and adults
- Takes a holistic approach to treatment (addresses physical and emotional), good for someone with health issues

#### Michaella Costa, LICSW

652 George Washington Hwy, Suite 400 Lincoln, RI 02865 (401) 405-3895

• Will see young adults

#### Gina Breggia

Cranston, RI (401) 944-2270

• Works exclusively with adults

#### **David Rajabiun**

8 Blackstone Valley Place

Lincoln, RI

(401) 334-1830 – main office line; call here to schedule appointments

(401) 636-0729 – direct line

- Works mostly with adults, but does see older teens (18 y.o. males would be good referrals)
- Does offer marital therapy
- Rebecca Small is another adult therapist who works in this office

#### Albert ("Sol") Hammel

Governor Street, Providence

(401)

• Works only with adults, specializes in addictive behaviors

#### Carolyn Walsh, LICSW

**Butler Outpatient** 

• Individual counseling for adults, specializes in marital therapy

#### **Ruth Berenson, LICSW**

Delta Consultants, Providence 421-1405

• Individual counseling for adults, marital therapy is one of her specialties

#### **Counselors (Children and Adolescents) - AGENCIES**

See also: Local Counseling Resources handout for parents

(The list below contains additional/more detailed info. than what is on handout)

#### **Anchor Counseling**

(401) 475-9979

- Director Richard Figueora
- Three different locations: Lincoln, Cranston, East Providence
- Partnership with Lincoln Pediatrics for counseling in North Attleboro office

#### **CEDARR Center**

1 Cumberland Street, 4<sup>th</sup> floor Woonsocket, RI 02895 (401) 671-6533

## **CCAP – Comprehensive Community Action Program**

(401) 467-9610

Wendy Lincoln, Case Management Coordinator at the Doric Center: 467-9610, ext. 134

#### **Comprehensive Psychiatric Services**

1464 Diamond Hill Rd. (Rte. 114) Cumberland (401) 333-3810

• The two child/adolescent counselors (Dr. Landau & Dr. Styler) who work at Well One on Wednesdays are part of this practice

## **Family Resources Community Action**

www.famresri.org

245 Main Street, Woonsocket, RI 02895

(401) 766-0900 - main number

- Family Care Preservation Program (FCCP) 8-week intensive case management program—contact Roth Nhar: (401) 235-6001
- Direct line for individual/family therapy: (401) 235-6071
- Offers anger management group for age 18+, contact Melissa Grisi at 235-6077

#### Family Service of Rhode Island

www.familyserviceofri.org

55 Hope Street, PO Box 6688

Providence, RI 02940

- Has a variety of services including outpatients as well as home-based and accepts most insurances for these programs
- For services / screening, call: (401) 519-2280
- Also has two licensed child and adolescent psychiatrists on site (for patients already being seen by a Family Service clinician)
- Will also provides daytime emergency assessments (will come out to school or home) for families
  with any United Healthcare policy (Rite Care or private insurance) as well as Neighborhood
  Health

• For emergency assessments, call: (401) 331-1350, ext. 3102 (intake department open 8:30 to 4:45)

#### **Gateway Healthcare**

(401) 724-8400

http://www.gatewayhealth.org/index.asp

## **Gateway Professional Group**

351 East Ave., Pawtucket, RI (401) 728-4357

## Gershon Psychological Associates, LLC

www.gershonpsych.com

Offices in Greenville, Warwick, Providence, South Kingstown

Local: 7 Austin Ave., Greenville, RI

(401) 349-3131

## The Homestead Group – Home-Based Therapeutic Services

Child and Family Services

Main # for Child and Family Services: (401) 775-1500 (x101 for secretary)

1 Cumberland Plaza, 4<sup>th</sup> floor

Woonsocket, RI 02895

- Provides home-based therapeutic services for children and adolescents with developmental disabilities.
- Referrals need to be made through CEDARR Center: (401) 365-6855, ext. 102

#### Northern RI Community Services, Inc.

55 John Cummings Way, Woonsocket, RI 02895

(401) 235-7000 – main number

(401) 235-7121 – intake

(401) 235-7120 – emergency/crisis intervention

- NRI is also our local CAITS provider (see separate handout for more information about the CAITS program)
- Will conduct emergency evaluations of current clients and those with state-funded insurance

#### Plaza Psychology and Psychiatry

68 Cumberland St., Suite 102, Woonsocket, RI (401) 356-1940

- Two psychiatrists: Dr. Yanni and Dr. Salmon (adults only)
- Dr. Geuvremont conducts assessments for children and adolescents
- Psychologists who provide therapy (but do not specialize in working with children and adolescents): Dr. James Curran, Dr. Ryan Haggerty, Dr. John Murphy

#### The Providence Center

http://www.providencecenter.org/

520 Hope Street

Providence, RI 02906

Main # for general info: (401) 276-4000

Appointments: (401) 276-4020

### **Private Practice on Broadway in Providence** (no name for group – all practice as individuals)

340 Broadway

Providence, RI 02909

• Matthew Bowen, Ph.D. child psychologist

0 (401) 521-3400

Rosaline Granoff, MA CCC-SLP speech/language pathologist

0 (401) 274-0857

Kathleen Newman, LICSW child/family clinician

o (401) 273-5605

• Dana Osowiecki, Ph.D. child neuropsychologist

0 (401) 421-4561

• Joel B. Solomon, MD child psychiatrist

0

• Greg Stiener, MD child/adolescent psychiatrist

o (401) 273-5605

• Paula Foster, LICSW child/adult/family clinician

0

• Molly Hedrick, Ph.D. child/adult/family psychologist

0 (401) 559-7457

Daniel J. Hurley, Ph.D. child/adult/family psychologist

0 (401) 831-5313

• Joseph Lapenta, MA adult/couples clinician

o (401) 831-5313

• Ira H. Reiter, Ph.D. child/family clinician, school consults, child/adol. evaluation

0 (401) 782-8440

#### **Psychological Centers**

765 Allens Avenue, Suite 102 Providence, RI 02905

- Home-Based Services for children including the EOS, CAITS, and MST programs for families with state insurance
- To make a referral for one of these services, contact Jessica Doyle at (401) 490-8915

#### **Psychotherapy Services of RI**

www.psychotherapyservicesri.com

191 Social St. Woonsocket

(401) 769-4373

- Lindy Muraca, LCSW
- Jessica Peipock, LICSW
- Sheryl Reedy, LICSW

#### **Thomas & Associates**

63 Eddie Dowling Highway North Smithfield, RI (401) 766-9400

- Jan Dion-Roy (works with children, adolescents, and adults; past experience: Child Advocate's Office and Family Resources)
- Lisa Sparks (specializes in school issues, clients with Asperger's, couples; Past experience: school social worker in Woonsocket)
- Lee Thomas (specializes in trauma, adults, depression and anxiety as well as couples; Past experience: St. Mary's Shepherd program)

## **Tri-Town Community Action Agency**

http://www.tri-town.org/whatsnew.html

1126 Hartford Avenue, Johnston

(401) 351-2750

• Offers the following programs for the town of Burrillville:

Adolescent Self-Sufficiency Collaborative Program

Adult Tobacco Treatment Program

All Stars Program

Appliance Management Program

Article 23 Program

Basic Human Needs

Boiler Repair

Breastfeeding Peer Counseling

Commodities Distribution

Elder Case Management Program

**Emergency Housing Assistance Program** 

**Emergency Shelter** 

Even Start Family Literacy Program

Food Baskets

Food Vouchers

Furniture Bank Referral

**GED Preparation** 

Head Start Program

Health Center

Heating/Fuel Assistance

**HOME Grant** 

Literacy Improvement Program

Mental Health Counseling and Treatment

**New Opportunity Homes** 

REACh

Safe and Drug Free Schools

Substance Abuse Counseling/Treatment

Supportive Employment Program

Toy Distribution

Victims of Crime Advocacy

Weatherization Assistance

Women, Infants and Children Nutritional Prog (WIC)

Youth Responsibility

Youth Smoking Cessation Program

#### WellOne

http://www.welloneri.org/

36 Bridge Way, Pascoag

Mailing address: PO Box 312, Pascoag, RI 02859

(401) 568-7661, option 3 for referrals

Contact: Melissa Johnson, Coordinator -direct extension: 167

- Closed Tuesdays, two child & adolescent counselors\*\* only work there on Wednesdays
- Accept Blue Cross, United Health, Neighborhood Health, Beacon, Medicaid/Medicare
- Offer sliding fee scale to uninsured clients who are already patients at Northwest
- Behavioral Health Providers:
  - o Steven Diehl, Ph.D. adults only (has a student intern, Amy Sweet)
  - Kate Ionelli prefers young adult patients
  - o Clifford Gordon, Ph.D. adults only
  - \*\*Pam Styler, Ph.D. specializes in children and adolescents, also willing to counsel parents
  - \*\*Lesley Landau, Ph.D. specializes in children and adolescents, also sees adults and parents

## Counselors (Children and Adolescents) – INDIVIDUALS/PRIVATE PRACTICE

See also: Local Counseling Resources handout for parents

(The list below contains additional/more detailed info. than what is on handout)

## Debra Alcusky, LICSW, ACSW

1308 Atwood Ave Johnston, RI 02919 ( 401) 942-8449

• works well with children and adolescents

#### Mary Barros, LICSW

444 Angell Street Providence, RI 02906 (401) 477-4675

works well with adolescents

#### **Bridges Counseling**

100 Lafayette St., Suite 305, Pawtucket, RI 02860 (401) 722-9091

- private practice, group of 3 social workers: Stacy Cummings-McLaughlin, Laura Riccio, and Jane Willis; they accept most insurances and all see children, adolescents, & adults
- Jane likes to work with adolescents & adults, Laura's specialty is Asperger's & parenting issues, Stacy's is with adolescents & adults

#### Michaella Costa, LICSW

652 George Washington Hwy, Suite 400 Lincoln, RI 02865 (401) 405-3895

- Accepts Blue Cross (in and out of state plans), United, Tufts, Neighborhood Health Plan, Medicaid
- Sees children, adolescents, and young adults
- Specialty areas: depression, anxiety, oppositional behaviors and family relational problems; has also worked a lot with ADHD, self-injury, grief and loss, and trauma

• Rents space from Lincoln Psychiatric, which includes other clinicians, psychiatrists, and clinical nurse specialists (who can prescribe medications to children and teens)

## **Kevin Dealy, LICSW**

Providence (401) 421-0040

#### Rana DeQuattro, MA, LCMHC, MCTTS

2178 Mendon Road, Suite 100 Cumberland, RI (401) 465-5144

#### **Greenville Family Associates**

Ellen Kellner, ACSW Lea Schneider, LICSW 3 Austin Ave., Greenville, RI (401) 949-0172

#### Janet Kago, LICSW

225 Newman Ave. Rumford, RI (401) 837-2599

## Jeffrey Noll, LICSW, LCDP

100 Lafayette Street, Suite 107 Pawtucket, RI 02860 (401) 722-1722

- Sees adolescents and adults only, no children (particularly good with older adolescent males)
- Accepts many insurances including Blue Cross, United, Harvard Pilgrim, Aetna, NE Blue

#### Sarah O'Brien

Providence, RI (401) 374-2069

• play therapist

## Patricia Olney-Murphy, LICSW, MPA

3657 Post Road, Suite 6 Warwick, RI 02886 (401) 215-3759

#### polneymurphy@gmail.com

- Licensed Psychotherapist; sees children, adolescents, and adults
- Specializes in sexual abuse assessments and treatments; juvenile sexual offender assessments and treatment; individual non-offending parent psych-education program
- Appointment availability: Friday 10a-8p and Saturday 10a-6pm

#### **Pawtucket Family Services**

Nancy Laurens, LICSW Christine Chester, LICSW (401) 723-2124

## **David Rajabiun**

8 Blackstone Valley Place Lincoln, RI (401) 334-1830 – main office line; call here to schedule appointments (401) 636-0729 – direct line

• Works mostly with adults, but does see older teens (17+ y.o. males would be good referrals)

#### **Bonnie Sweberg**

1308 Atwood Ave. Johnston, RI (401) 942-3996

• Accepts many different insurances including Aetna

[See also: Cognitive Behavioral Therapy section in this packet for additional therapists]

## **Counselors (Local) who have sliding scales**

(The following local counselors work with children, adolescents, and adults; they accept families without insurance and apply a sliding scale fee.) *Information obtained from Melissa Johnson at Well One* 

## Nicole Bucci, LIMHC

68 Cumberland Street Woonsocket (401) 356-1940

#### Deborah Byron, LIMHC

11 Follett Street North Smithfield (401) 769-1477

#### Lee Thomas, LICSW

Eddie Dowling Highway North Smithfield (508) 328-9158

#### WellOne

http://www.welloneri.org/

36 Bridge Way, Pascoag

Mailing address: PO Box 312, Pascoag, RI 02859

(401) 568-7661, option 3 for referrals

Contact: Melissa Johnson, Coordinator - direct extension: 167

- Offers sliding scale to uninsured clients who are already patients at WellOne
- Two clinical psychologists who specialize in working with children and adolescents: Dr. Lesley Landau and Dr. Pamela Styler (only there on Wednesdays)

#### **Crisis Intervention / Emergency Services**

In a serious emergency, recommend to the parent that student be brought to nearest hospital's emergency room. If student is unwilling to go, call 911 and have rescue transport him/her.

## **Arbour Health System**

1-800-652-5222 or 1-800-22-ACCES

www.arbourhealth.com

- Contact: Courtney Greenwood, Community Relations Coordinator, (508) 838-2305
- 24-hour admission to psychiatric services; Arbour-Fuller Hospital is closest hospital in Arbour health system group
  - Arbour-Fuller Hospital
     200 May Street, South Attleboro, MA (508) 761-8500

## **Bradley Hospital**

Emergency Services ("Access Center"): (401) 432-1364

Main Phone: (401) 432-1000 www.lifespan.org/partners/bh/ 1011 Veterans Memorial Pkwy East Providence RI 02915

- Patient Access Center will conduct emergency assessment only <u>if</u> a bed is available on the unit. Otherwise, child/adolescent would have to be brought to a local emergency room.
- Michele Gessman (432-1389) is the head of social workers on children and adolescent units at Bradley; feel free to call her if you have a student on the unit but haven't heard from the unit social worker yet Michele can let us know who that social worker is.
- Coordinates the Parenting Matters annual conference every March (see website)
- Offers the Speaking of Kids series (free evening workshops, open to the public) with Hasbro and (see www.Lifespan.org)

#### **Butler Hospital**

(401) 455-6214 or 455-6215 (Patient Assessment Services Dept.)

http://butler.org/

345 Blackstone Boulevard, Providence, RI 02906

- The Patient Assessment Services Department is open 24 hours/day; call ahead to provide information and discuss with a clinician to see if it is appropriate to go directly to Butler
- Will only see children/adolescents for an emergency evaluation <u>if</u> there is a bed available. If no beds are available on the unit, student would have to go to the emergency room.

#### Family Service of Rhode Island

www.familyserviceofri.org

55 Hope Street, PO Box 6688

Providence, RI 02940

- Provides daytime emergency assessments (will come out to school or home) for families with any United Healthcare policy (Rite Care or private insurance) as well as Neighborhood Health
- Call (401) 331-1350, ext. 3102 (intake department is open 8:30 to 4:45)

#### Hasbro Children's Hospital

(401) 444-4000

http://www.lifespan.org/hch/

- Emergency Services direct line: (401) 444-4900
- Offers the Speaking of Kids series (free evening workshops, open to the public) with Bradley (see www.Lifespan.org)

#### Kid's Link RI

Rhode Island's First Children's Emergency Services Hotline <a href="http://www.gatewayhealth.org/KidsLinkRI.asp">http://www.gatewayhealth.org/KidsLinkRI.asp</a>

1-866-429-3979; 24-hour confidential hotline, free of charge

 a central emergency hotline for kids in emotional crisis, connected to all children's services in the state

[See also: Partial Hospital Programs section in this packet for referrals for children and adolescents with serious needs]

## **Depression / Suicide Prevention**

## Adolescent Depression and Exercise Study (through Brown University)

- For depressed teens (ages 12-18) who are overweight
- Teens participating are randomized to receive either depression treatment alone or the combined treatment for depression and weight concerns; all receive a psychological evaluation and individual counseling for depression using cognitive behavioral therapy
- If interested, contact Child and Adolescent Psychiatry at Rhode Island Hospital: (401) 444-3790
- There is also another research study for adolescents with <u>depression and behavior problems</u>, contact is same number as above.
- See also: flyers that explain these studies (ask Kim if you can't find them in binder)

#### **Depression and Bipolar Support Alliance**

1-800-826-3632

www.dballiance.org

#### **National Suicide Prevention Lifeline**

1-800-273-TALK

24-hour, confidential, toll-free suicide prevention service available to anyone in suicidal crisis

#### Providence Psychology Services, LLC

http://www.providencepsychology.com/

154 Waterman Street, Providence

(401) 273-3322

- licensed clinical psychologists specializing in cognitive behavioral therapy
- provide therapy for the following issues: anxiety disorders, mood disorders, impulse control disorders, body image issues, health/behavior change, eating disorders, adjustment to medical illnesses

#### **Rhode Island Youth Suicide Issue Brief**

The Rhode Island Youth Suicide Issue Brief is meant to serve as a centralized resource to better inform prevention efforts statewide. The Rhode Island Child Death Review Team (CDRT) is a multidisciplinary team operating under the auspices of the Office of the State Medical Examiners within the Department of Health. The CDRT reviews incidences of youth fatality which includes youth deaths by suicide in Rhode Island. The in-depth individual case review process helps us as members of the prevention community better understand why children in our state die by suicide, and to help us identify how we can prevent future deaths. The link is: http://www.health.ri.gov/publications/issuebriefs/2005-2010YouthSuicide.pdf

• If you have any questions as to the content of the briefing or a question for the team, contact Jennifer Kawatu, Coordinator of CDRT, at (401) 824-2119.

#### The Samaritans

www.samaritansri.org

24-hour listening line manned by trained volunteers: (401) 272-4044 or 1-800-365-4044

#### **Suicide Prevention Resource Center**

Information can be found at: http://www.sprc.org/stateinformation/PDF/statedatasheets/ri datasheet.pdf

#### **Thrive**

RI's Coordinated School Health Program

See website at www.thriveri.org

- Information for parents and students on a variety of topics including health education, nutrition, school safety, etc.
- Also has a section on state mandates/laws related to health and safety

## **Disabilities**

#### The Dunn Institute

http://www.dunninstitute.org

220 West Exchange Street, Suite 202, Providence, RI

(401) 831-READ

Email: info@dunninstitute.org

- Non-profit organization that provides programs and services that address the needs of those living
  or working with learning differences. Their mission is to help all children with learning
  differences be successful in school and in life
- They provide training for teachers, programs for students (such as tutoring, summer groups, etc.), and resources for families and the community.

#### **Rhode Island College Sherlock Center**

www.ric.edu/uap

## Rhode Island Department of Behavioral Healthcare, Developmental Disabilities, & Hospitals Division of Developmental Disabilities (DDD)

14 Harrington Road Cranston, RI 02920

Phone: 401-462-3234; Fax: 401-462-6189

- Provides community support and services for adults with developmental disabilities, including assisting with social security, ORS, housing, mental health services, etc.
- Contact Office of Social Services (401) 462-3421 for more information on programs and services

• To report abuse/neglect of individuals 18+ with developmental disabilities, call: the Investigative Unit at (401) 462-2429 (Rafaella Miller) or (401) 462-2629 (Diane)

## **Rhode Island Disability Law Center**

www.ridlc.org

275 Westminster Street, Suite 401 Providence, RI 02903

(401) 831-3150

• Provides information and legal assistance for individuals with disabilities and their families, including information on guardianship

#### J. Arthur Trudeau Memorial Center, Main Building

http://trudeaucenter.org/index.asp

3445 Post Road, Warwick, RI 02889

(401) 739-2700

- Offers comprehensive services for children and adults with various disabilities
- Children's programs include: Early Intervention, Pathways: school and services for autism, Crayons Daycare Center, and Home Based Services

#### **Domestic Violence**

Blackstone Valley Advocacy Center (battered, homeless women & children)

(401) 723-3057

Open 24 hours and all meals provided

## Northern RI Law Enforcement Advocate (LEA) Program

A collaborative effort between Day One, Sojourner House, and four police departments listed below

Our LEA: Cristina Costa-Rado 242 Clinton Street, Woonsocket

(401) 766-3628

- Provides free victim services to residents living in Woonsocket, Smithfield, North Smithfield, and Burrillville
- Provides immediate services to victims of sexual assault, domestic violence, and child molestation who have filed a police report, who are interested in filing a report or just have questions
- Can provide assistance over the phone and come in to the school for a meeting in person
- Some services provided: explaining victims their rights, providing assistance and support throughout the criminal process, safety planning and resources, offering an emergency cell phone, and accompanying victims to court, hospitals, or during police statement.

## **RI Coalition Against Domestic Violence**

1-800-494-8100

http://www.stopdomesticviolence.info/

#### **Sojourner House**

(401) 765-3232 or (401) 861-2761

24-hour hotline: (401) 658-4334

- Provides services/shelter for Glocester, Burrillville, Foster, Scituate
- Open 24 hours, all meals provided

## Victims of Crime Helpline for all areas

1-800-494-8100

#### The National Teen Dating Abuse Helpline (NTDAH)

1-866-331-9474

http://www.loveisnotabuse.com/

• This 24-hour national web-based and telephone resource was created to help teens (ages 13-18) experiencing dating abuse and is the only helpline in the country serving all 50 states.

#### **Down Syndrome**

**Down Syndrome Society of Rhode Island** 

99 Bald Hill Road Cranston, RI 02920 (401) 463-5751 www.dssri.org

## **National Down Syndrome Society**

www.ndss.org

#### **Eating Disorders**

#### Anorexia and Bulimia Association of Rhode Island

(401) 861-2335

## **Eating Disorders Anonymous**

- Support group that meets on Tuesdays from 6 to 7:15 pm
- Contact Brittany at (401) 831-9133 or email hope.and.healing@gmail.com

#### **Eating Disorders Support Group at Butler Hospital**

- Support group that meets Mondays from 5:30 to 7:00 pm
- Contact Bob Hamel at (401) 455-6223

## **National Eating Disorders Association**

603 Stewart St., Suite 803, Seattle, WA 98101

www.edap.org

• Toll-free Information and Referral Helpline: (800) 931-2237

#### **Providence Psychology Services, LLC**

http://www.providencepsychology.com/

154 Waterman Street, Providence

(401) 273-3322

- licensed clinical psychologists specializing in cognitive behavioral therapy
- provide therapy for the following issues: anxiety disorders, mood disorders, impulse control disorders, body image issues, health/behavior change, eating disorders, adjustment to medical illnesses

#### Support Group for family and friends of someone with an eating disorder

- Meets Tuesdays at 7pm at 235 Main Street (in back), Wakefield, S. Kingstown
- Contact Linda at (401) 741-1203

## **Support Group for overweight teens**

Wakefield Baptist Church, 236 Main St., South Kingstown (401) 782-2209

• Meets Thursdays at 7pm

## Take Off Pounds Sensibly (TOPS)

• Call 1-800-932-8677 for locations of TOPS chapters

#### **Emergency Evaluations (see: Crisis Intervention/Emergency Services)**

• See "Crisis Intervention/Emergency Services" section

#### **Encopresis**

## Hasbro Pediatric Partial Hospital Program

593 Eddy Street, Potter Basement Providence, RI 02903 (401) 444-8638

- Treats children and adolescents with a variety of medical issues, including encopresis.
- Contact person for these referrals is: Lynn Pascal at (401) 444-6751
- For more information about the program in general, visit their family guide at: <a href="http://www.lifespan.org/hch/services/pedi\_partial/pedi\_partial.pdf">http://www.lifespan.org/hch/services/pedi\_partial/pedi\_partial.pdf</a>

### **Evaluations/Assessment (Psychoeducational & Neuropsychological testing)**

See also: **Referrals for Psychological and Psychiatric Evaluations handout** for parents (The list below contains additional/more detailed info. than what is on handout)

#### **Delta Consultants**

- Providence East Side office: 294 Governor St., Providence, RI, ph #: (401) 421-1405
- Johnston Office: 1395 Atwood Ave., Johnston, RI, ph#:(401) 944-9888

## Anne Dineen, Ph.D., LLC

3657 Post Rd., Suite 6 Warwick, RI (401) 921-5595

#### **Neurobehavioral Consultants**

501 Angell Street – Weyland Square Providence, RI 02906 (401) 831-6277

#### **Neuropsychology Associates, Inc.**

PO Box 603102 Providence, RI 02906 (401) 455-0221

• Dr. Karen Holler, Dr. Sonia Mashikian-Greene

## NPI - Neuropsychology Partners, Inc.

116 Eddie Dowling Highway No. Smithfield, RI 02896 (401) 456-6587

• Providence Office: 50 Maude Street

#### Dana Osowiecki, Ph.D.

Child Neuropsychologist 340 Broadway Providence, RI 02909 (401) 421-4561

#### Plaza Psychology and Psychiatry

68 Cumberland St., Suite 102 Woonsocket, RI (401) 356-1940

- Penelope Yanni, M.D., James Curran, Ph.D., John Murphy, Psy.D., & Linda Glieberman, Ph.D.
- Provide neuropsychological and psychological assessment; Dr. David Guevremont does the ADHD evals, usually takes two appointments
- Accept most insurances, including Neighborhood Health
- Also provide child, adolescent, and adult psychotherapy

## **Psychological Associates**

www.psychologicalassociatesri.com

Offices in Warwick, Providence, and Smithfield (401) 821-4100; new patients dial extension 18 1-800-391-3888

• All types of evaluations are available; Accepts most major insurances

#### Dr. Julie Wilson

111 Brewster Street Pawtucket, RI (401) 729-6200

Accepts most insurances

#### **Financial Assistance**

See also: Referrals for Financial/Economic Assistance handout for parents

### **Burrillville Emergency Assistance**

Website: http://www.burrillville.org/Public\_Documents/BurrillvilleRI\_webdocs/EmergencyAssistance

#### **Between The Cracks**

P.O. Box 468

Harrisville, RI 02830

Contacts: Michele Dolinsky: (401) 568-8303 or Jackie and Sully Forge: (401) 769-3426

• Provides financial assistance to Burrillville families in need

#### **Community Mediation Center**

(401) 273-9999

Provides assistance with mediating a landlord/tenant dispute if both parties agree, i.e., tenant owes back rent & landlord is considering court. They can also help with court process (advocacy) & in some cases, if certain criteria are met, they may provide rental assistance.

#### **Family Resources Community Action**

www.famresri.org

245 Main Street, Woonsocket, RI 02895

(401) 766-0900 - main number

• Offers many programs that provide case management services including Comprehensive Emergency Services, Emergency Shelter, & Permanent Supportive Housing program.

#### **NEARI Children's Fund**

Contact: Valerie Staples: (401) 463-9630

• Provides financial assistance to families in dire need

### **Poverty Institute**

http://povertyinstitute.org/

- Only organization in Rhode Island that analyzes tax and budget policies on behalf of low-income populations
- Has a "Guide to Government Assistance Programs" online (see website, as guide is updated monthly). This guide is designed to provide an overview of the government assistance programs that help low- and modest-income Rhode Islanders meet their basic needs. These programs include Income Supports, Food Assistance, Health Care, Child Care, Housing, Utilities and Tax Credits

## **Tri-Town Community Action Agency**

http://www.tri-town.org/whatsnew.html

1126 Hartford Avenue, Johnston

(401) 351-2750

 Offers many programs including assistance in the following areas: Basic Human Needs, Boiler Repair, Commodities Distribution, Emergency Housing, Emergency Shelter, Food Baskets, Food Vouchers, Furniture Bank, Health Center, Heating/Fuel Assistance, Weatherization, Women, Infants and Children Nutritional Program (WIC)

#### **Toys for Tots Rhode Island**

• To request (or donate) toys, see website: www.toysfortotsri.org

## Counselors (local) who have sliding scales available for those without insurance

(Information obtained from Melissa Johnson at Northwest)

Lee Thomas, LICSW
 Eddie Dowling Highway
 North Smithfield
 (508) 328-9158

- o has sliding scale available; works with children, adolescents, adults
- Deborah Byron. LIMHC
   11 Follett Street

North Smithfield (401) 769-1477

- o has sliding scale available; works with children, adolescents, adults
- Nicole Bucci, LIMHC

68 Cumberland Street

Woonsocket

(401) 356-1940

o has sliding scale available; works with children, adolescents, adults

#### WellOne

http://www.welloneri.org/

36 Bridge Way, Pascoag

Mailing address: PO Box 312, Pascoag, RI 02859

(401) 568-7661, option 3 for referrals

Contact: Melissa Johnson, Coordinator - direct extension: 167

Offers sliding scale to uninsured clients who are already patients at WellOne

#### **Fire Setting**

#### **Fire Safety Education Class**

Contact: Inspector Vincent Quinterno: (401) 462-4200 or email vquinterno@fire-marshal.ri.gov

- 4 classes held on Saturday mornings from 9-11am at RI hospital
  - o class 1: pretest; fire behavior: what is fire? good and bad fires?
  - o class 2: laws arson
  - o class 3: burns
  - o class 4: review and final
- for youth ages 8 to 17 years old; generally referred by the courts, police, or parents
- appropriate for those with just a curiosity for fires as well as those charged with arson; important to let parents know that a range of students may attend
- school type setting; parents encouraged to attend to hear info as well
- incorporates hands-on activities, powerpoint presentations, and videos

#### **Dr. Boretto, Bradley Hospital**

(401) 432-1512

• can provide counseling referrals for fire safety issues

#### **Foster Care**

#### **Rhode Island Foster Parents Association (RIFPA)**

55 South Brow Street East Providence, RI 02914 (401) 438-3900

Foster Parent Help Line: (401) 438-3916 24 Hour Help Line: 1-800-655-7787

#### Kate Baker, LICSW

603 Park Ave Woonsocket (401) 374-1683 • specializes in foster care and addiction

#### Pamela Lowell, LICSW

1445 Wampanoag Trail East Providence, RI (401) 433-4242

• specializes in adolescents girls in foster care

## **GED**

## **Project RIRAL (Rhode Island Regional Adult Learning)**

Main office: Woonsocket Learning Center, 191 Social Street (5th floor of Citizens Bank Bldg.)

- Offers ESL classes, reading, writing, and math fundamental classes, GED (General Education Development) prep, EDP (External Development Program) prep, Transition to College program (19-week program to prepare for college), and worksite education
- EDP is an option for students to earn a traditional high school diploma in a non-traditional way; they must demonstrate high school level skills through project-based assignments
- Classes offered year-round; hour of operation: Monday through Friday, 8am to 5pm
- No cost to participants, but they may need to purchase books
- Participants are eligible if they are at least 16y.o., are not enrolled in school, & lack sufficient mastery of basic educational skills to enable them to function effectively in society/the workplace
- Classes offered at various locations including Burrillville High School
- For more information, call 762-3841 or email <u>riral@riral.org</u>

## Tri-Town's Adult Education, Employment, and Training Program

- Any RI resident ages 16 to 24 years old who does not have a high school diploma is eligible
- For GED prep, individual first takes pre-tests to see their skill level, if they test high, they then take a post-test. If they pass the post-test, they get a letter stating they are ready to take the actual GED. For any areas that need remediation, they would attend classes at Tri-Town, typically four days per week from 9 to 12. For the first month, they are on a probation period so that Tri-Town can be sure they are serious enough to continue.
- All students who go through Tri-Town's program take the GED at CCRI.
- In addition to GED Prep, this program also has ESL, Adult Basic Education, group sessions, tutoring, home-based studies, computer assisted learning, post-secondary education assistance, work readiness skills training, and employment placement assistance
- All services are free; For more information, contact Jack Dougherty at (401) 519-1921

#### **Healthcare**

#### **HealthAccessRI**

www.Health-AccessRI.com

(401) 647-3595

- a new way for people with little or no health insurance to obtain the services of a primary care doctor at a low price
- one-time enrollment fee of \$15 to \$80; monthly fee of \$25 to \$30; office visit fees of \$5 or \$10
- seven practices with a total of 21 family medicine doctors
- what you get: 24-hour telephone access, sick visits, well child care, check-ups, school and sports physicals, family planning, yearly physicals

• what you <u>don't</u> get: hospitalizations, specialty care, x-rays, laboratory work, prescription drugs, emergency room visits, mental health care

#### **Rhode Island Free Clinic**

Hindle Building 655 Broad Street Providence, RI

## www.rifreeclinic.org

- Offers free health care, medication, and mental health counseling to adults without health insurance
- Open from 6 to 9pm every Tuesday and Thursday; patients are taken on a lottery basis.
- The first Thursday of every month is Walk-In Day when they accept new patients.
  - o From 4:00 4:30pm, uninsured adults who want to become patients must go to the clinic and pick up a ticket. At 4:30, there is a drawing to determine who gets in; you must be present to be admitted. Those who win the lottery can remain Free Clinic patients as long as they don't have insurance and don't qualify for a government program.

#### **RIte Care**

- RI's health insurance program that provides eligible uninsured children, families, and pregnant
  women with comprehensive health care through one of three participating health plans:
  Neighborhood Health Plan of RI, United Healthcare of New England, and Blue Cross & Blue
  Shield of RI
- Eligibility is based on income and family size. Families with incomes up to 150% of the federal poverty level receive it at no cost, families with incomes between 150% and 250% of the federal poverty level pay a monthly premium depending on their income.
- To apply, you must first apply for medical assistance by completing a mail-in application.
  - o Print one from the website: <a href="www.dhs.ri.gov/dhs/famchild/shcare.htm">www.dhs.ri.gov/dhs/famchild/shcare.htm</a> or call the Dept. of Human Services info line at (401) 462-5300 or pick one up at a DHS office.

#### **Thrive**

RI's Coordinated School Health Program

See website at www.thriveri.org

- Information for parents and students on a variety of topics including health education, nutrition, school safety, etc.
- Also has a section on state mandates/laws related to health and safety

#### **Tri-Care**

A military insurance carrier; there are two insurance plans under the Tri-Care name

• Families should know which plan they have and contact the insurance company directly to get a list of providers for their plan – many providers are in and around the Newport area (*Information is from Michaella Costa, contact her with any questions*)

## $Tri-Town\ Community\ Action\ Agency-Adolescent\ Self-Sufficiency\ Collaborative\ (ASSC)$

1126 Hartford Avenue

Johnston, RI 02919

• Any pregnant or parenting teen under the age of 20 is eligible

- Helps teens access: child care, rite-care, housing WIC, medical providers, food stamps, parenting classes, paternity, child support, education, employment, and transportation
- For more info, contact: Leah McPhail at (401) 519-1957 or Patricia Sweet at (401) 519-1903

## Well One - Nicole Masse - Parent Consultant and Family Resource Counselor

WellOne (works for RIPIN but has an office at WellOne)

36 Bridge Way, Pascoag

568-7664, ext. 157

- available to anyone in community, can assist families with locating outside resources, including economic issues, mental health issues, etc.
- we can call her directly with questions or give her name and number to parents

## **Home-Based Services / Families in Crisis**

#### **CAITS – Child & Adolescent Intensive Treatment Services**

- Eligibility criteria: Medicaid eligible, under 21, moderate to severe emotional and behavioral problems, symptomatology consistent with DSM-IV diagnosis
- Refer directly to one of the certified CAITS providers (see separate handout for more info.)
- Our local CAITS provider is NRI Community Services: (401) 235-7000

#### **Family Resources Community Action**

www.famresri.org

245 Main Street, Woonsocket

Family Preservation/Family Care Community Partnership (FCCP) Program

(formerly CES – Comprehensive Emergency Services)

(401) 766-0900

 To make a referral / obtain additional info, contact Roth Nhar, Community Resources Coordinator at 235-6001

## Family Service of Rhode Island

Shannon Cassidy, Clinical Adminstrator Home-Based Screening # (401) 519-2280

(401) 331-1350, ext. 3102 – Daytime emergency assessment

## The Homestead Group - Home-Based Therapeutic Services

Child and Family Services

Main # for Child and Family Services: (401) 775-1500 (x101 for secretary)

1 Cumberland Plaza, 4<sup>th</sup> floor

Woonsocket, RI 02895

- Provides home-based therapeutic services for children and adolescents with developmental disabilities.
- Referrals need to be made through About Families CEDARR Center: (401) 365-6855, ext. 102

#### **PASS (Personal Assistance Services and Support) Program**

- The PASS Program is managed by a number of different agencies.
- These agencies are overseen by CEDARR Center, so all referrals must go through them. Call About Families CEDARR with any questions or to make a referral: (401) 365-6855, ext. 102
- In order to get a PASS worker, the student must have state insurance (not private)

• The process to get a PASS worker is lengthy and is <u>family-driven</u>. The family must make a referral through the CEDARR Center, then they are assigned a Family Service Coordinator who goes out to the home to make an assessment. If the referral is appropriate, the request is put into the state where there is a waiting period in order to get approval. If approved, *the family must find their own PASS worker*. They also select the agency that they want to oversee the program and that agency trains the PASS worker. Ultimately, the family writes and maintains the treatment plan.

## **Psychological Centers**

765 Allens Avenue, Suite 102 Providence, RI 02905

- Provides home-based services for children including the EOS (Enhances Outpatient Services), CAITS (Child and Adolescent Intensive Treatment Services), and MST (Multisystemic Therapy) programs for families with state insurance (NHP, Rite Care, or Medicaid)
- To make a referral for one of these services, contact Jessica Doyle at (401) 490-8915

#### Homelessness/Shelters

See also: Referrals for Financial/Economic Assistance handout for parents See also: Northern RI/Blackstone Valley Area Street Sheet for more information

## **Community Mediation Center**

(401) 273-9999

• Provides assistance with mediating a landlord/tenant dispute if both parties agree, i.e., tenant owes back rent & landlord is considering court. They can also help with court process (advocacy) & in some cases, if certain criteria are met, they may provide rental assistance.

#### **Local Shelters:**

Blackstone Valley Advocacy Center (battered, homeless women & children) 723-3057

• Open 24 hours and all meals provided

New Hope for Families 4 Branch Street, Pawtucket (401) 728-8490

• Open 9am to 5pm, cooking facilities provided

Sojourner House (battered women and children) (401) 765-3232

• Open 24 hours and all meals provided

Woonsocket Shelter for Families 176 Sayles Street, Woonsocket (401) 767-0866

• Open 24 hours

#### Other Shelters in RI:

RI Family Shelter in Warwick (401) 739-8584

Interim House in Providence (401) 831-4570

Crossroads in Providence (401) 461-1755

#### Klinefelter's Syndrome

## American Association for Klinefelter Syndrome Information and Support

www.aaksis.org 1-888-466-5747

#### Klinefelter Syndrome and Associates

www.genetic.org 1-888-999-9428

#### **Legal Information / State Mandates**

## **Rhode Island Department of Education**

Click here to access the page that contains all the laws and regulations concerning RI education: <a href="http://www.ride.ri.gov/commissioner/legal/default.aspx">http://www.ride.ri.gov/commissioner/legal/default.aspx</a>

## **Rhode Island Disability Law Center**

www.ridlc.org 275 Westminster Street, Suite 401 Providence, RI 02903 (401) 831-3150

> Provides information and legal assistance for individuals with disabilities and their families, including information on guardianship

#### **Thrive**

RI's Coordinated School Health Program

See website at www.thriveri.org

 Has a section on state mandates/laws related to health and safety: <a href="http://www.thriveri.org/components/school\_climate.html">http://www.thriveri.org/components/school\_climate.html</a>

#### **Medical/Health Information**

**Centers for Disease Control and Prevention (CDC)** 

www.cdc.gov

## **Hasbro Pediatric Partial Hospital Program**

593 Eddy Street, Potter Basement Providence, RI 02903 (401) 444-8638

- Only day treatment program in New England for children and adolescents (ages 6 to 18) with both medical and emotional issues
- Treats children and adolescents with a variety of medical issues, including encopresis, asthma, etc.

• For more information, visit their family guide at: http://www.lifespan.org/hch/services/pedi\_partial/pedi\_partial.pdf

#### **Kids Talk**

(see flyer – winter, spring, and fall sessions 2009)

- Free six-week support group for children and adolescents who have a caregiver who has been diagnosed with cancer
- Facilitated by social work staff at Women and Infants' Hospital
- For more information or to sign up, contact Courtney Dieterich, MSW, LCSW at (401) 274-1122, ext. 7284

## **National Organization for Rare Disorders (NORD)**

www.rarediseases.org

1-800-999-NORD

#### Network of Care for Behavioral Health in Rhode Island

http://rhodeisland.networkofcare.org/mh/home/index.cfm

- Networking website managed by Butler Hospital in collaboration with the Rhode Island Quality Institute, Blue Cross & Blue Shield of Rhode Island, and Gateway Healthcare Inc.
- A resource for individuals, families and agencies concerned with behavioral health; provides information about behavioral health services, laws, and related news, as well as communication tools and other features

#### WellOne

http://www.welloneri.org/

36 Bridge Way, Pascoag

Mailing address: PO Box 312, Pascoag, RI 02859

(401) 568-7661

• Adolescents are able to make confidential gynecology appointments without parent consent; also able to obtain birth control without consent of parent

#### **Pediatric Practice Enhancement Project (PPEP)**

(401) 222-4615; contact person: Colleen.Poselli@health.ri.gov

(See separate list compiled by RIPIN and Dept. of Health)

• Parent consultants/advocates available at medical sites throughout RI to assist families

#### Providence Psychology Services, LLC

http://www.providencepsychology.com/

154 Waterman Street

Providence, RI

(401) 273-3322

- licensed clinical psychologists specializing in cognitive behavioral therapy
- provide therapy for the following issues: anxiety disorders, mood disorders, impulse control disorders, body image issues, health/behavior change, eating disorders, adjustment to medical illnesses

#### **Tri-Town Community Action Agency**

http://www.tri-town.org

1126 Hartford Avenue Johnston, RI (401) 351-2750

- Offers a Health Center for residents of Burrillville provides a multitude of services including pediatrics, adolescent, & adult medicine, women's health care, prenatal care, STD counseling, testing & treatment, substance abuse treatment, etc.
- Teens may access the above health services without parental consent.

#### **Mental Health**

The Mental Health Association of Rhode Island

(401) 726-2285 www.mhari.org

The National Alliance for the Mentally III (NAMI)

1-800-950-6264

www.nami.org

Provides general information on a variety of mental health issues as well as available support groups

**Lifespan** - Rhode Island's first health system, founded in 1994 www.lifespan.org

• provides information about health care services and programs among the five Rhode Island hospitals that are part of Lifespan: Rhode Island Hospital, Hasbro Children's Hospital, the Miriam Hospital, Bradley Hospital, and Newport Hospital

## **Rhode Island's Coordinated School Health Program**

www.thriveri.org

#### **Substance Abuse and Mental Health Services Administration** –

National Mental Health Information Center http://mentalhealth.samhsa.gov/

#### **Mental Health Centers**

Child and Family Services of Newport County: (401) 849-2300

Children's Friend and Service: (401) 331-2900 Community Counseling Center: (401) 727-7034

Comprehensive Community Action Program (CCAP): (401) 467-9610

East Bay Community Mental Health Center: (401) 431-9870

Family Resources of Woonsocket: (401) 765-5797

Family Services: (401) 331-1350 Kent Center: (401) 732-5656

Mental Health Services: (401) 784-3600

Newport County Community Mental Health Center: (401) 846-1213 Northern Rhode Island Community Services: (401) 235-7000

Providence Center: (401) 276-4000

South Shore Mental Health Center: (401) 364-7705

#### **Mental Retardation (Intellectual Disabilities)**

American Association on Intellectual and Developmental Disabilities (AAIDD)

http://www.aaidd.org/index.shtml

## Rhode Island Department of Mental Health, Retardation, and Hospitals (MHRH)

Division of Developmental Disabilities 14 Harrington Road Cranston, RI 02920 (401) 462-3234 www.mhrh.ri.gov/ddd

#### **Military**

## **Military One Source**

www.MilitaryOneSource.com

- Comprehensive website with a variety of resources for military families; provided by the Department of Defense
- Services are available 24 hours per day by telephone: 1-800-342-9647 and online

## Project Helping HAND ("Helping Adolescents Navigate Deployment")

- Research study at Brown, recruiting families who (1) have a teenager age 13 to 17 years old (2) have a parent currently deployed or a parent that has returned from deployment, and (3) have a civilian parent or legal guardian who is willing to participate in the study
- First visit, complete questionnaires, next 12 visits receive group counseling sessions free of charge (sessions held weekly for three months, each 90 minutes long)
- Reimbursement of \$50 (both student and parent) for completing questionnaires at three different intervals
- See separate flyer for more information
- If interested in participating, contact the Project Coordinator at: (401) 444-8587

#### **Operation Military Kids**

www.operationmilitarykids.org

- Program that reaches out to military youth and their families with all types of services
- For more information specific to RI Operation Military Kids, visit this pdf document:

http://www.operationmilitarykids.org/resources/omk\_annual\_web%20suitable%20for%20printing%20here.pdf

#### **Mood Disorders**

Rhode Island Hospital – Mood Disorders Program

Potter Building, 3<sup>rd</sup> floor 593 Eddy Street, Providence (401) 444-3534

## **Providence Psychology Services, LLC**

http://www.providencepsychology.com/ 154 Waterman Street, Providence

(401) 273-3322

• licensed clinical psychologists specializing in cognitive behavioral therapy

• provide therapy for the following issues: anxiety disorders, mood disorders, impulse control disorders, body image issues, health/behavior change, eating disorders, adjustment to medical illnesses

# **Multicultural/Diversity Issues**

Janet Kago, LICSW (therapist in private practice who specializes in above issues) 225 Newman Ave.

Rumford, RI (401) 837-2599

# **Obsessive Compulsive Disorder**

**Pediatric Anxiety Research Clinic (PARC)** 

Bradley/Hasbro Children's Research Center

www.anxiouskids.org

Coro West Building, 2<sup>nd</sup> floor

One Hoppin Street

Providence, RI 02903

- ongoing assessment and treatment studies for children with OCD, led by Dr. Henrietta Leonard
- program offers: treatment for OCD for children ages 5 to 8; treatment for OCD for children and teens ages 7 to 17 who still have symptoms while on OCD medication; complete anxiety disorders evaluations for children and teens ages 5 to 17
- most PARC treatments and assessments are free, compensation for time and/or parking validation may be included
- For more information (all inquiries are confidential) call: Noah Berman (401) 444-2178 or Alexa Ogata at (401) 444-3003

### **Parent Support / Information**

# Kid's Link RI

Rhode Island's First Children's Emergency Services Hotline http://www.gatewayhealth.org/KidsLinkRI.asp

1-866-429-3979; 24-hour confidential hotline, free of charge

 a central emergency hotline for kids in emotional crisis, connected to all children's services in the state

### **Parent Link RI**

www.ParentLinkRI.org

# **Parent Support Network**

www.psnri.org 1395 Atwood Ave, Johnston, RI (401) 467-6855

### **Parenting Matters annual conference**

Sponsored by Bradley Hospital, offered yearly in the spring

- small fee for full-day program, can choose various workshops to attend; CEUs available
- See <u>www.bradleyhospital.org</u> for more information or contact Lifespan Health Connection at (401) 444-4800 or 1-800-927-1230

# **Rhode Island Parent Information Network (RIPIN)**

www.ripin.org

175 Main St, Pawtucket RI 02860

(401) 727-4144 (Main Phone)

• Employs more than forty staff members whose duties range from providing direct service to families, supporting advocacy efforts, and helping build effective parent/school/community partnerships. In all, they offer 11 different programs and services for families with children in Rhode Island. Administrative offices are located in Pawtucket, Rhode Island, but staff and volunteers work in and travel to all parts of the state

# **Speaking of Kids lecture series**

Sponsored by (Lifespan Partners) Bradley Hospital and Hasbro Children's Hospital

- mini-workshops held once per month, mostly at Bradley Hospital
- programs are free and open to the public; CEUs available for a small fee
- For more information, visit <u>www.Lifespan.org</u> or call the Lifespan Health Connection at: (401) 444-4800 or 1-800-927-1230

### **WellOne - Parent Consultant and Family Resource Counselors**

36 Bridge Way, Pascoag

568-7664, ext. 157

Nicole Masse – ext. 157

Joe Barbado – ext. 179

- Both consultants work for RIPIN but have an office at WellOne
- They are available to anyone in community, can assist families with locating outside resources, including economic issues, mental health issues, etc.
- we can call them directly with questions or give their name and number to parents

### **Partial Hospital Programs**

# Hasbro Pediatric Partial Hospital Program

593 Eddy Street, Potter Basement

Providence, RI 02903

(401) 444-8638

- Only day treatment program in New England for children and adolescents (ages 6 to 18) with both medical and emotional issues
- Treats children and adolescents with a variety of medical issues, including encopresis, asthma, etc.
- For more information, visit their family guide at: http://www.lifespan.org/hch/services/pedi\_partial/pedi\_partial.pdf

### **SafeQuest**

through Bradley Hospital

- An After School / Out of School and Summer Treatment Program for Children and Adolescents
- To make a referral, call: (401) 432-1000 and ask for Access
- For more program information, call Kim Waggoner, LICSW, Clinical Director of SafeQuest at (401) 432-1375

# **Post-Secondary Transitioning**

# **College Planning Forum**

- Offered annually, usually in March; sponsored by RI Regional Transition Centers, RIDE Office of Diverse Learners, ORS, RIPIN, Assistive Technology Access Partnership, & Rhodes to Independence Initiative
- Workshop for students with disabilities, 504 plans, and other challenges, their parents, and school personnel; offers a keynote speaker, various mini-workshops, and a college student panel
- Small fee (approx. \$10), CEUs available, registration required. In 2009, Southern RI Collaborative was in charge of registrations; RIDE phone number for questions: 295-2888, x109

### **Northern RI Transition Employment Center**

541 Pawtucket Avenue Pawtucket, RI 02860 (401) 721-0709

# Office of Rehabilitation Services (ORS)

-Rhode Island Department of Human Services-40 Fountain Street Providence, RI 02903 (401) 421-7005 Burrillville Rep: Karen Dougherty

### The Resource Center at the RI Parent Information Network

(401) 727-4144

• Hosts regional Transition Outreach Nights in the spring to discuss resources and supports that are available to students with special needs beyond high school

# **Rhode Island Regional Transition Centers**

- Provide direct technical support, training, and information on transition services to school personnel; also organizes a Transition Advisory Committee in each region
- Our region: Northern RI Collaborative

Jane Slade, Coordinator

2352 Mendon Road, Cumberland, RI 02864

(401) 721-0709

email: Jslade@nric-ri.org

### Rhode Island Technical Assistance Project (RITAP) at Rhode Island College

600 Mount Pleasant Avenue Providence, RI 02908 www.ritap.org/MyTransition

#### **Transition Year website**

http://www.transitionyear.org/

Website focusing on emotional health and wellness during transition to college

### Way To Go RI

http://www.waytogori.org

- Website designed to provide a range of free internet based services to help students, parents, and educators explore education and career options.
- Offers programs that provide valuable information to students of every age: helps elementary students learn about themselves and the people who work in their community, gives middle school students tools they need to prepare for high school and explore careers, empowers high school students to develop personalized learning plans and conduct extensive college and job research.

### **Post Traumatic Stress Disorder**

See also: Resources - Sexual Assault/Trauma handout for parents

### Dr. Anait ("Anna") Azarian

1 Richmond Square Providence, RI 02906 (401) 751-3281

• expertise in traumatic stress, children's custody, immigration hardships; provides expert testimony in PTSD cases

### **Pregnancy**

Tri-Town Community Action Agency – Adolescent Self-Sufficiency Collaborative (ASSC)

1126 Hartford Avenue

Johnston, RI 02919

- Any pregnant or parenting teen under the age of 20 is eligible
- Helps teens access: child care, rite-care, housing WIC, medical providers, food stamps, parenting classes, paternity, child support, education, employment, and transportation
- For more info, contact: Leah McPhail at (401) 519-1957 or Patricia Sweet at (401) 519-1903

# **Prevention Programs (various topics)**

# S.C.O.R.E. – Special Community Outreach Education Program

- Public safety initiative that provides middle and high school youth a first-hand look at what life is like for incarcerated men and women at the ACI.
- Collaboration between the RI Dept. of Corrections and RI Family Court
- For more information, contact Tracey Z. Poole, Chief of Information and Public Relations, RIDOC, at (401) 462-2609 or via email: <a href="mailto:tracey.poole@doc.ri.gov">tracey.poole@doc.ri.gov</a>

# The Zero Fatalities Project

- Public safety initiative aimed at raising awareness of the devastating consequences of underage drinking and other forms of reckless driving
- Developed in 2008 through a partnership among several RI agencies including Dept. of Corrections, AG office, MADD, Family Court, Public Chiefs Assoc., State Police, and DOT.
- Panel presentation at ACI provided to groups up to 200
- For more information, contact Tracey Z. Poole, Chief of Information and Public Relations, RIDOC, at (401) 462-2609 or via email: tracey.poole@doc.ri.gov

### **Psychiatrists (Children and Adolescents)**

[Note: all are MDs, except where noted]

See also: Referrals for Psychological and Psychiatric Evaluations handout for parents (The list below contains additional/more detailed info. than what is on handout)

### AGENCIES/HOSPITALS

# **Angell Street Psychiatry**

394 Angell Street Providence, RI 02906 (401) 274-8777

• Dr. Paul Fulton (D.O.)

# **Associates Adolescent and Family**

Dr. David Pearson 1087 Warwick Ave. Warwick, RI (401) 461-6676

Accepts United and Wellpoint insurances only

# **Bradley Hospital**

www.lifespan.org/partners/bh/

1011 Veterans Memorial Parkway East Providence, RI 02915 (401) 432-1000

• Dr. Jeffrey Hunt

# **Butler Hospital**

(401) 455-6200

http://butler.org/ 345 Blackstone Boulevard Providence, RI 02906

### **Family Resources Community Action**

www.famresri.org

245 Main Street, Woonsocket, RI 02895 (401) 766-0900 – main number

### **Gateway Healthcare (Administrative Office)**

249 Roosevelt Ave, Suite 205, Pawtucket, RI 02860 (401) 724-8400

• Program locations throughout the state

# **Lincoln Psychiatric**

(401) 334-1830

- Dr. Walter Fitzhugh, Psychiatrist sees children and adolescents as well as adults
- Nicole Allison, Nurse Practitioner specializes in children and adolescents
- Susan Ginsberg, Nurse Practitioner works with mostly adults

Counselors part of Lincoln Psychiatric who see adolescents:

• David Rajabiun

In private practice, but office at Lincoln Psychiatric, sees children and adolescents

• Michaella Costa (401) 405-3895

#### **The Providence Center**

http://www.providencecenter.org/ 520 Hope Street, Providence, RI

(401) 276-4000

- Must also be in treatment with Providence Center therapist in order to receive psychiatric treatment here
- Dr. Kazi Salahuddin is one of the child and adolescent psychiatrists here; also has a private practice in Cumberland (not related to Providence Center) two days per week (see below)

# **Quality Behavioral Health**

Child, Adolescent and Adult Psychiatry Two offices:

1090 New London Avenue Cranston, RI 02920 (401) 463-5778

- Dr. Ethan Kisch
- Dr. Helen Pniewski

75 Lambert Lind Highway Warwick, RI 02886 (401) 681-4274

• Dr. Terrie Mailhot

# **Rhode Island Hospital**

http://www.lifespan.org/rih/

Department of Child Psychiatry

593 Eddy Street, Suite 122

Dr. Horacio Hojman: (401) 444-3842 Dr. Rubina Inayat: (401) 444-4515 Dr. Richard Smith: (401) 444-3842 Dr. Amber Syed: (401) 444-4515 Dr. Kristin Bruning: (401) 444-4573 Dr. Michelle Rickerby: (401) 444-8638 Dr. Thomas Roesler: (401) 444-8638

### 1 Hoppin Street, Floor 2

Dr. Larry Brown: (401) 444-8539

Dr. Gregory Fritz (D.O.): (401) 444-7573 Dr. Alessandra Kazura: (401) 444-8945 Dr. Henrietta Leonard: (401) 444-8945

### PRIVATE PRACTICE

# Dr. Karyn Horowitz

1011 Veterans Memorial Parkway Riverside, RI 02915 (401) 432-1424

### **Dr. Ginger Manzo**

2 Wake Robbin Road, Suite 206 Lincoln, RI 02865 (401) 475-7610

• Accepts cash only, no insurance

#### Dr. Kazi Salahuddin

2180 Mendon Road (beginning December 2011) [Until 12/2011: office is at 1464 Diamond Hill Road] Cumberland, RI 02864 (401) 333-3810

- Works out of this office two days per week
- Sees new patients Tuesday mornings, follow-up patients Friday afternoons

### Dr. Alexander Scagnelli

(401) 821-4100 ext. 19 (new appointments); fax: 401-823-9180

- Provides child, adolescent, and adult psychiatric services include. medication evals and mgmt.
- Four locations:
  - o 889 Centerville Road, Warwick, RI 02886
  - o 154 Waterman Street, Providence, RI 02906
  - o 35 South County Commons Way, South Kingstown, RI 02879
  - o 7 Austin Ave., Greenville, RI 02828

#### **Dr. Joel Solomon**

340 Broadway Providence, RI 02909

### **Dr. Charles Staunton**

345 Blackstone Boulevard Providence, RI 02906 (401) 455-6226

### **Dr. Greg Steiner**

340 Broadway Providence, RI 02909 (401) 273-5605

### Dr. Gerald Tarnoff

345 Blackstone Boulevard Providence, RI 02906 (401) 455-6226

# Dr. Bertha Waineman

Warwick Guidance and Medical Center 191 Airport Road Warwick, RI 02889 (401) 738-9692

# **Psychiatrists (Adults only)**

Dr. Laura Fixman

Private practice Angell Street, Providence (401) 274-8777

# **Comprehensive Psychiatric Services**

Dr. M. Bermon, M.D 1464 Diamond Hill Road Cumberland, RI 02864 (401) 333-3810

# Reading

# **Dunn Institute for Learning Differences**

Offers Orton-Gillingham Tutoring at a reduced rate for students in grades one through five

- \$20 each session taught by recently trained tutors who have completed 60 hours of coursework and are now embarking on their 100 hour tutoring practicum
- sessions range from 45-60 minutes and can be arranged both during and after the school day
- participating students must be available to meet at least two times per week and have documentation of a language-based learning difference
- location of the tutoring is determined by the family and the tutor, and can occur throughout the state; Orton-Gillingham instructors observe sessions periodically
- See website: http://www.dunninstitute.org/orton-gillingham.html
- Or contact Cathy Sanford at (401) 831-7323 x17

### **Orton-Gillingham tutoring**

Contact: Linda Atamian at (401) 364-3028 for some recommendation of teachers trained in O-G

# **Hamilton Institute (outreach of Wheeler-Hamilton School)**

- Provides tutoring referrals (any subject, but also has list of those trained in direct, systematic instruction in reading)
- Contact: Halley Lavenstein at 421-8100, ext. 170

### **Sexual Abuse/Assault**

See also: Resources - Sexual Assault/Trauma handout for parents

# Day One - The Sexual Assault and Resource Trauma Center

www.dayoneri.org 100 Medway Street

Providence, RI 02906 (401) 421-4100

email: info@DayOneRI.org

24.1 Million College

24-hour Victims of Crime Helpline: 1-800-494-8100

• Sandra Malone, Coordinator of Prevention Education: ext.160

- Sarah Decataldo, Advocate Coordinator Sexual Assault Team: ext.141; works with police when case is reported
- Amy Ferrera Advocate for northern RI: (401) 766-3628

# **Myles Glatter, LICSW**

840 Smithfield Ave. Lincoln, RI 02865 (401) 245-6891

• Counseling for children, adolescents, and adults; specializes in sexual abuse evaluations and treatment

### Northern RI Law Enforcement Advocate (LEA) Program

A collaborative effort between Day One, Sojourner House, and four police departments listed below Our LEA: Cristina Costa-Rado 242 Clinton Street, Woonsocket (401) 766-3628

- Provides free victim services to residents living in Woonsocket, Smithfield, North Smithfield, and Burrillville
- Provides immediate services to victims of sexual assault, domestic violence, and child molestation who have filed a police report, who are interested in filing a report or just have questions
- Can provide assistance over the phone and come in to the school for a meeting in person
- Some services provided: explaining victims their rights, providing assistance and support throughout the criminal process, safety planning and resources, offering an emergency cell phone, and accompanying victims to court, hospitals, or during police statement.

#### Ronald Miller, LICSW

840 Smithfield Ave. Lincoln, RI 02865 (401) 823-1572

• Provides counseling services to adult rape victims, adults molested as children, domestic violence victims, significant others of survivors, child abuse victims (age 4 and up)

# Patricia Olney-Murphy, LICSW, MPA

3657 Post Road, Suite 6 Warwick, RI 02886 (401) 215-3759

polneymurphy@gmail.com

Licensed psychotherapist; sees children, adolescents, and adults

- Specializes in:
  - Sexual abuse assessments and treatments Credentialed Sexual Abuse Evaluator by RI DCYF
  - o Juvenile Sexual Offender Assessments and Treatment comprehensive and collaborative approach to include the family, justice system, and community agencies
  - o Individual Non-Offending Parent Psych-Education Program individual/couples 10-week curriculum; caregivers participate in individual sessions to better understand their role in their child's recovery from sexual abuse
- Appointment availability: Friday 10a-8p and Saturday 10a-6pm, additional hours available upon request

# Laura Ryan, LICSW

839 North Main St. Providence, RI 02904 (401) 454-2902

• Specializes in sexual abuse evaluations

# **Providence Center's Early Childhood Institute**

(401) 276-4020 (main number for all intake appointments)

- Provides treatment and evaluation of young children through preschool age
- You may call 276-4155 to get more info; Simmy Carter is the director (*friend of Michaella Costa*)

# St. Mary's Home for Children, Shepherd Program

420 Fruit Hill Avenue

North Providence, RI 02911

Main #: (401) 353-3900

Intake Coordinator: Lisa Maloney (401) 353-3900 x 416

- Provides sexual abuse evaluations and individual treatment
- Also offers various clinical groups throughout the year, including Survivor Groups

# Sexual Orientation/ Gay, Lesbian, Bisexual Issues

Gay, Lesbian, and Straight Education Network (GLSEN)

www.glsen.org

- National education organization, founded in 1990, that focuses on ensuring safe schools for all students.
- Informative website that includes a section of educator resources and student resources

#### Youth Pride, Inc.

171 Chestnut Street Providence, RI 02903 (401) 421-5626

www.youthpride-ri.org

Hours: Monday, Wednesday, Thursday 12 to 8pm, Tuesday 12 to 6pm, Friday 12 to 4pm

- Serves adolescents and young adults ages 13 to 23
- Drop-in Center Monday through Friday (see hours above) can hang out and talk with other teens/staff, engage the clinical consultant for on-site therapy 2x/week, watch movies, play board games. Programming happens every night:
  - Monday night youth training to be community educators
  - o Tuesday night game night or open time
  - o Wednesday night movie night
  - o Thursday night support group from 4 to 6pm, co-facilitated by youth
  - o Friday night off-site activity such as bowling, skating, etc.

### **Social Networking**

Information on internet safety (as presented by Dr. Lawrence Filippelli, Asst. Supt. In Scituate, who has expertise in this field)

• www.netsmartz.com

- www.isafe.org
- www.theantidrug.com
- www.noslang.com
  - o Allows you to type in the letters like LOL to get the translation
- www.schoolcare@myspace.com
  - Provides support regarding bullying that may be directly related to a myspace account.
     They will only accept messages and respond to school related emails.

# **Social Skills**

See also: Social Skills Training & Referrals for Students with Autistic Spectrum Disorders handout for parents

### The Autism Project of Rhode Island

www.theautismproject.org

1516 Atwood Avenue

Johnston, RI 02919

(401) 785-2666; Contact person - Sue Sposato

 Offers many different social skills programs specifically for students diagnosed with Autistic Spectrum Disorders, including Asperger's

# Programs for Students:

- o Summer Camp (call 785-2666 x103)
- Social Thinking Program- social communications group for students
- o Superhero Academy ages 5-12
- Social Detective Agency ages 10-15
- o Are you thinking what I'm thinking ages 16 and up
- Take a Bite! language based sensory group for children ages 4-7
- o Yoga- self- calming strategies for participants ages 8-21
- o Move and Groove social group designed to teach fundamental skills of play and leisure
- o Leaps and Bounds play group utilizing visual supports for children ages 4-10
- Game On! group to help improve functional skills in sporting activities for children and teens
- o Club Jr. social skills group for children ages 10-14
- o Club Jr. Life Strategies structured group for learning life skills for children ages 10-14
- o The Club social skills group for teens
- o Creative Expressions social communication group utilizing art projects
- Chill Zone –monthly outings for 14-19 year olds diagnosed with Asperger's Syndrome or related social deficits
- o Girls Night Out- monthly social activities for females ages 9-12 and 13-17

#### **Bradley Hospital**

www.lifespan.org/partners/bh/

1011 Veterans Memorial Pkwy

East Providence RI 02915

(401) 432-1000 (Main Phone)

- o Offers a monthly parent support group
- Two clinicians who specialize in social skills training: Jennifer Chase and Dr. Kristin David may offer outpatient social skills groups

# Gershon Psychological Associates, LLC

www.gershonpsych.com

Offices in Greenville, Warwick, Providence, South Kingstown

Local: 7 Austin Ave.

Greenville, RI (401) 349-3131

- o Offers a Social Skills Program, through Gershon Psychological Associates. Groups are covered by most Blue Cross and United Health insurances.
- o Contact people are Dr. Elena Monarch and Dr. Lea Lockwood; 349-3131 x354

### **Groden Center**

-Community Support Services 610 Manton Avenue Providence, RI 02909 (401) 274-6310

- Offers various social skills groups throughout the year for students with Autistic Spectrum Disorders (or similar social needs), including social thinking groups, bullying groups, etc.
- Any questions about groups should be directed to: Maggie Powers ext. 1242

# Dr. Kelley Harrison (Groden Center)

• has run outpatient social skills groups through the Groden Center, may have private practice

#### **Haven Miles**

(401) 276-4137

• therapist who works with toddler to preschool behavioral issues

# St. Mary's Home for Children, Shepherd Program

135 Norwood Avenue Cranston, RI 02905

Intake Coordinator: 784-3530, x416

• "Social Skills" Co-Ed Group for ages 12-16 years offered in the summers

### Dr. Claudia Yellin

(401) 831-0660

• private practice in RI; specializes in social skills and behavioral therapy - works with infants through preschool age

### **Special Education**

# **Burrillville Special Education Advisory Committee**

Contact Person: TBA

Or call the Pupil Personnel Office at (401) 568-1307

# **Council for Exceptional Children**

www.cec.sped.org

### **Department of Education, Office of Special Populations**

www.ridoe.net/Special\_Populations/Programs\_Services

Call Center: (401) 222-8999

# **Rhode Island Technical Assistance Project**

www.ritap.org

### The Dunn Institute

www.dunninstitute.org 220 West Exchange Street, Suite 202 Providence, RI 02903 (401) 831-7323, ext.17

- a non-profit organization that provides direct support for students with learning differences
- also sponsors a Parent Workshop Series through The Hasbro Center for Teaching Excellence (a division of the Dunn Institute)

# **Sports Therapy**

# **Communities for People, Inc.**

Therapeutic Sports Program 623 Atwells Avenue, Suite 201 Providence, RI 02909 (401) 273-7103

email: tsp@communities-for-people.org

- Offers weekly groups, 6 to 12 participants, ages 6-21. Each session lasts approximately 12-16 weeks.
- Groups are cognitive-behavioral in nature, facilitated by licensed clinicians, and focus on one sports-directed activity each session (e.g., summer=golf, fall/winter boxing for 13+, volleyball for under 13)

# **Substance Use**

# **Rapid Response Rhode Island**

- Dial 2-1-1 anywhere in Rhode Island for help (within 24 hours) for substance abuse issues
- Utilizes United Way's 2-1-1 information line, which operates 24 hours
- The 2-1-1 operator will schedule a substance abuse assessment within the next 24 hours; appointments are made for any child, adolescent or adult at one of eight locations around the state.
- At the initial assessment, a licensed professional will ascertain the best course of treatment and locate an appropriate program with an opening.

### **Quit Smoking Program through Rhode Island Department of Health**

www.quitnowRI.com

1-800-QuitNow

- The Rhode Island Department of Health (HEALTH) recently launched both an improved quitline service for smokers, 1-800-QuitNow, and an online quit resource page, <a href="www.quitnowRI.com">www.quitnowRI.com</a>
- 1-800-QuitNow is a toll-free helpline that serves as a single point of access to individualized guidance from qualified cessation specialists. Callers will also have access to support services such as counseling and nicotine replacement therapy.
- QuitnowRI.com is an online guide to quit resources in the local community. It is designed to provide smokers in Rhode Island, as well as family and friends seeking to support them, with the services and information they need to quit and stay quit.

- Rhode Islanders are also encouraged to join the QuitNowRI movement by texting QuitNow to 75309 and learning more about the dangers of tobacco.
- For more information, contact: Rosamaria Amoros, MBA, Media and Communications, Center for Public Health Communication at Rhode Island Department of Health: (401) 222-7635 or rose.amoros@health.ri.gov

# **Teen Substance Prevention Program**

By Brown University's Center for Alcohol and Addiction Studies

- Currently (2011) have two research studies that focus on teen substance use and related risks by offering brief alcohol and drug counseling sessions for adolescents (ages 12-18) and their parents that are free of charge. There is also some compensation to families for participation.
  - O Project GOALS is designed for teens who skip school and who are also experimenting with alcohol or marijuana. Parents and teens take part in one of two family counseling programs, both offering an individual session for teen and an individual session for parent. The goal is to get teens to engage in healthier behaviors and to get parents to improve their monitoring and communication with their teens.
  - TAP2 is designed for families with two teenagers and both parents and the teenage siblings attend the program. Project is similar to what is described above for Project GOALS except that in TAP2, teens will receive a computerized feedback program while parents will participate in one of two feedback counseling sessions. The goal is to determine whether involving a brother or sister will lead to greater improvement than just meeting with the single teen.
- For more information, including informational brochures, call (401) 863-6669 or email TSPP@brown.edu.

# **Tourette Syndrome**

Tourette Syndrome Association, Inc. - RI Chapter <a href="https://www.ri.net/tsari">www.ri.net/tsari</a> (401) 301-9980 (information line)
P.O. Box 2247
Pawtucket, RI 02861

**Note to readers:** This project began in 2005 as a way for me to earn hours towards one of my I-Plan goals for recertification through RIDE (Objective: "to learn more about local resources to foster home-school collaboration"). It took on a life of its own as I began to collect more and more information and needed a way to organize it all and make it useful for those in the Burrillville School District. I would like to thank all those colleagues over the past seven years who helped contribute to this project by sending me resources they discovered and/or alerting me about any updates that needed to be made. This will always be a work in progress... please continue to inform me when additions/deletions/changes need to be made. We need a group effort to keep this up-to-date!