



# wake up!

to  
School Breakfast



## National School Breakfast Week March 7-11, 2016

Did you know? ALL schools in Rhode Island offer breakfast before school every day! If you haven't checked out our breakfast offerings in the past, now is the time to start! We're celebrating National School Breakfast week with a week full of healthy, hearty options to wake up your brain and start your day off right! Come in on Eat Healthy RI Day, Wed March 9<sup>th</sup>!



**Attention Students:** The RI School Breakfast Cooking Challenge kicks-off during National School Breakfast Week March 7-11, 2016. Gather a team of 4 students (elementary & middle school) and one adult and create a unique recipe showcasing low-fat and fat-free dairy that you would like to see on your school menu. Five school teams will be selected to compete in a statewide cooking challenge in May in front of a panel of celebrity judges including a New England Patriots player or alum! The winning team's recipe will be featured on the June Aramark Elementary and Middle Schools Menu and will win a \$2,500 Fuel Up to Play 60 school breakfast makeover. Visit [NewEnglandDairyCouncil.org](http://NewEnglandDairyCouncil.org) for more information!



**Eating local isn't just for fruits & veggies!** We've expanded our local options to include an exciting new whole-grain packed breakfast bar produced locally in Pawtucket, RI! **Introducing: Shri Bark!** We've partnered with local news personality and philanthropist Alison Bologna and her partner Dave Mongeau to make these nutritious and locally produced breakfast treats available to students at schools serviced by Aramark state-wide! Look for Shri Bark to be added to our daily breakfast offerings with a special sampling offered March 14<sup>th</sup>-March 16<sup>th</sup>. Come meet ACE the fox at lunch time. He will be at Levy Elementary March 15, Steere Farm Elementary March 16, and Callahan Elementary March 17.

