

# Safe Snack Guide

by [SnackSafely.com](http://SnackSafely.com) 

**Commonly Available Snacks Free of  
Peanuts, Tree Nuts and Eggs**  
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## Meaning of the symbols:

For items preceded by **green** symbols, the information was provided by the manufacturer on their packaging, promotional literature, website, or directly to us.

- ✓ – **Green check mark:** Manufacturer asserts the item is produced in a facility that does not process peanuts, tree nuts and eggs or is explicitly marketed free of these allergens.
- ▲ – **Green triangle:** Manufacturer asserts the item is produced in a facility that does not process peanuts and tree nuts or is explicitly marketed free of these allergens. *Eggs may be an ingredient or processed in the facility or highly refined coconut oil used.*
- – **Black Bullet:** The item does not list peanuts, tree and eggs as ingredients on the label, there are no warnings on the label that the product may contain these allergens, and *to the best of our knowledge* the product is produced on lines where these allergens are not processed. Note that the item is not explicitly marketed free of these allergens, that we do not have a relationship with the manufacturer, and that our information is gleaned primarily from periodic queries via their *Contact Us* facilities.

Items listed in **boldface** are from members of our Manufacturer Partnership Program. These manufacturers have agreed to disclose their manufacturing processes regarding 11 allergens directly to [SnackSafely.com](http://SnackSafely.com) via our platform. Information regarding potential exposure to all 11 of these allergens for each product is provided via our Allergence Screening Service at [allergence.com](http://allergence.com).

## Please note:

- **Never give a food to a child with food allergies without explicit consent from the child's parent/guardian. The parent/guardian must be given the opportunity to research and approve all foods in advance.**
- This list is updated frequently. By using this guide you agree to discard this copy and download an updated copy after the expiration date displayed above. The most recent version is always available at [snacksafely.com/safe-snack-guide](http://snacksafely.com/safe-snack-guide).
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## PEANUT BUTTER ALTERNATIVES/SPREADS

- ✓ **Don't Go Nuts Soy Butter** – Chocolate, Cinnamon Sugar, Lightly Sea Salted, Pure Unsalted, Slightly Sweet
- ✓ **Gerbs Sea Salted Butters** – Pumpkin, Sunflower
- ✓ **I.M. Healthy SoyNut Butter** – Chocolate, Honey Creamy, Honey Chunky, Original Creamy, Original Chunky, Unsweetened Creamy, Unsweetened Chunky
- ✓ **SunButter Sunflower Seed Spread** – Creamy, Natural Creamy, Natural Crunch, Natural No-Stir, Natural No-Stir On the Go, Natural Omega-3, Organic Unsweetened
- ✓ **Wowbutter** – Peanut Butter Taste Creamy, Crunchy
- ▲ **Muffin Town SunWise SunButter and Grape Jelly Sandwich** [EGG processed in facility]

## POTATO CHIPS

- ✓ **Good Natured Selects Baked Crisps** – Cheddar Cheese Multigrain, Original Grains Multigrain, Vegetable, Ranch Flavored Vegetable, Tuscan Garden
- ✓ **Herr's Baked Potato Crisps** – Aged Cheddar Ripple Cut, Barbecue Flavored, Cheddar and Sour Cream Flavored, Original Original Ripple Cut, Sour Cream and Onion Flavored
- ✓ **popchips** – Barbeque Potato, Cheddar & Sour Cream Potato, Hint of Olive Oil Veggie, Sea Salt Potato, Sea Salt & Vinegar Potato, Sea Salt Veggie, Sour Cream & Onion Potato, Sweet Potato
- ✓ **Utz Baked Crisps** – BBQ, Cheddar and Sour Cream, Original
- ✓ **Utz Potato Chips** – BBQ, Carolina BBQ, Cheddar and Sour Cream, Crab/Old Bay, Honey BBQ, No Salt, Onion and Garlic, Red Hot, Regular, Salt & Vinegar, Salt and Pepper, Southern Sweet Heat BBQ
- ✓ **Utz Ripple Baked Crisps**
- ✓ **Utz Ripple Potato Chips**
- ✓ **Utz Wavy Potato Chips** – Baby Back Ribs, Pit BBQ, Regular, Tabasco Flavored
- ✓ **Wise Potato Chips** – BBQ, Beef Barbacoa Tacos, Golden Original, Honey BBQ, Lightly Salted, Loaded Chili Cheese Dog, Onion & Garlic, Salt & Vinegar, Unsalted
- ✓ **Wise Potato Chips (Kettle)** – Barbeque, Cracked Pepper, Jalapeno, Jalapeno NY Kettle, Original, Original NY Kettle, Reduced Fat Barbeque, Reduced Fat Bruschetta, Reduced Fat Feta Cheese, Reduced Fat Original, Reduced Fat Sea Salt & Balsamic Vinegar, Salt & Vinegar
- ✓ **Wise Ridgies Potato Chips** – Barbecue, Cheddar & Sour Cream, Dill Pickle, Original, Sour Cream & Onion
- ✓ **Wise Si Señor Chiles Toreados** – Roasted Chile
- ✓ **Wise Si Señor Zarandeadas** – Tomato & Chile
  - **Baked Ruffles** – Original, Cheddar & Sour Cream
  - **Baked Lay's** – Original, Sour Cream & Onion, Parmesan and Tuscan Herb
  - **Boardwalk** – Salt & Vinegar, Jalapeno
  - **Cape Cod** – Original, Sour Cream & Green Onion
  - **Kettle Brand** – Sea Salt, Sea Salt & Vinegar, Buffalo Bleu, Fully Loaded Baked Potato, Sweet Onion, Sour Cream and Onion, Jalapeno
  - **Kettle Brand Bakes** – Sea Salt, Aged White Cheddar, Hickory Honey Barbeque, Sea Salt & Vinegar
  - **Lay's** – Classic, Barbecue, Sour Cream & Onion, Lightly Salted, Cheddar & Sour Cream, Wavy Original, Salt & Vinegar, Garden Tomato & Basil, Honey Mustard, Honey Barbecue
  - **Lay's Kettle Cooked** – Original, Sea Salt & Vinegar, Reduced Fat, Jalapeno, Sea Salt & Cracked Pepper
  - **Munchos**
  - **Mystic Kettle Potato Chips** – Regular, Reduced Fat, Dark Russet, Sea Salt & Vinegar
  - **Natural Lay's** – Sea Salted
  - **Pringles** – Original, Reduced Fat, BBQ
  - **Pringles Snack Packs** – Original, 100 Calorie Snack Packs Original
  - **Ruffles** – Original, Reduced Fat, Sour Cream & Onion, Cheddar & Sour Cream, Loaded Chili & Cheese, Molten Hot Wings
  - **ShopRite** – Original, Krinkle Cut, No Salt Added, Salt & Vinegar, Barbecue
  - **ShopRite Organic** – Barbecue
  - **ShopRite Kettle Potato Chips** – Original, Sea Salt & Pepper

## RICE SNACKS

- *Quaker Quakes Rice Snacks* – Caramel Corn, Ranch, Sea Salt & Cracked Black Pepper, Kettle Corn, Chocolate, Sweet Chili, Cheddar Cheese, Sour Cream & Onion
- *Lundberg Organic Rice Cakes* – Rice with Popcorn, Brown Rice, Mochi Sweet, Sweet Green Tea

## CORN/TORTILLA CHIPS

- ✓ *Herr's Tortilla Chips* – Bite size Dippers, Nacho Cheese Flavored, Restaurant Style, Traditional Authentic Cantina Style, Yellow Round
- ✓ *Late July Organic Multigrain Tortilla Chips* – Dude Ranch, Mild Green Mojo, Red Hot Mojo, Sea Salt by the Seashore, SubLime, Summertime Blues, Sweet Potato
- ✓ *Utz Corn Chips* – BBQ
- ✓ *Utz Lowfat Baked Tortilla Chips*
- ✓ *Utz Organic Tortilla Chips* – Blue Corn, White Corn, Yellow Corn
- ✓ *Utz Tortilla Chips* – Dippable, Multigrain, Restaurant Style, White Round, Yellow Round
- ✓ *Wise Bravo Tortilla Chips* – Nacho Cheese
- ✓ *Wise Corn Chips* – Bar-B-Que, Nacho Twisters, Original
- ✓ *Wise Dipsy Doodles* – Barbecue, Chili Cheese, Original
- ✓ *Wise Si Señor Charritos* – Chile Limon, Extreme, Salsa Verde
- ✓ *Wise Si Señor Tortilla Chips* – White Corn, Yellow Corn
- ✓ *Wise Topitos Tortilla Chips* – Nacho, Salsa Verde
- ✓ *Wise Tortilla Chips* – White Restaurant Style
- *Bachman Tortilla Chips* – Restaurant Style, MultiGrain
- *Doritos* – Nacho Cheese, Cool Ranch, Spicy Nacho, Tacos Flavor, Spicy Sweet Chili, Toasted Corn, Pizza Supreme
- *Natural Tostitos Organic* – Yellow Corn, Blue Corn
- *Sage Valley* – Yellow Corn Tortilla Chips
- *Santitas* – Tortilla Triangles
- *Stacy's Pita Chips* – Simply Naked, Cinnamon Sugar, Parmesan Garlic & Herb
- *Sun Chips* – Original, Harvest Cheddar, French Onion, Garden Salsa, Jalapeno Jack
- *Tostitos* – Restaurant Style, Scoops, Crispy Rounds, Multigrain, Multigrain Scoops, Bite Size, Hint of Jalapeno, Hint of Lime
- *Tostitos Artisan Recipes* – Roasted Garlic & Black Bean, Fire-Roasted Chipotle

## POPCORN

- ✓ *Divvies Popcorn* – Caramel Corn, Kettle Corn
- ✓ *Herr's Popcorn* – Light, Original, Cheese Flavored, Creamy Dill Flavored, Hot Cheese Flavored, White Cheddar Flavored, Hot Cheese Flavored with Texas Pete Flavor, Hot Sauce Cheddar Flavored, Jalapeno Cheddar Flavored
- ✓ *Utz Popcorn* – Butter, Cheese, White Cheddar
- ✓ *Utz Tabasco Flavored Popcorn* – Butter, Cheese
- ✓ *Wise Popcorn* – Butter, Cinnamon, Hot Cheese, Sea Salt, White Cheddar
- *Bachman* – Original, Light
- *Good Health Natural Foods* – Half Naked Popcorn with a Hint of Olive Oil
- *Kurly Korn* – Premium Cinema Popcorn
- *Sage Valley* – Lite Organic Popcorn
- *Smartfood* – White Cheddar, Reduced Fat, Movie Theater Butter

## VEGETABLE CHIPS/SNACKS

- ✓ *Enjoy Life Plentils Crunchy Lentil Chips* – Dill & Sour Cream, Garlic & Parmesan, Light Sea Salt, Margherita Pizza
- ✓ *Tiger Nuts* – Premium Organic, Supreme Peeled
- *Good Health Natural Foods* – Veggie Chips, Veggie Stix, Pizza Veggie Stix
- *Pirate's Booty Veggie*

## PRETZELS

- ✓ **Gerbs Pretzels**
- ✓ **Herr's Honey Wheat Whole Grain Pretzel Sticks**
- ✓ **Herr's Sourdough Hard Pretzels** – Bite Size, Mini
- ✓ **Herr's Pretzels** – Extra Thin, Mini, Pretzel Rods, Stix
- ✓ **Herr's San Francisco Sourdough Specials Pretzels**
- ✓ **Herr's Whole Grain Pretzels** – Ribbon, Sticks
- ✓ **Utz Halloween Pretzel Treats**
- ✓ **Utz Hard Pretzels**
- ✓ **Utz Pretzel Sticks** – Cinnamon, Country Stix
- ✓ **Utz Pretzel Varieties** – Butter Waffle, Holiday Shaped, Nuggets, Phineas and Ferb Shaped, Pop'z, Rods, Wheels
- ✓ **Utz Select Pretzel Sticks** – Butter, Pumpnickel, Seven Whole Grain, Toasted Sesame
- ✓ **Utz Select Pretzels** – Everything, Honey Wheat Braided Twist
- ✓ **Utz Special Pretzels** – Extra Dark, Multigrain, Regular
- ✓ **AllerEnergy Gluten-Free Soft Pretzels**
  - **Bachman** – Twist, Butter Twist, Mini Bite Size, Thin N Right, Pretzel Rods, Kidzels, Pretzel Stix, Nutzels (bite-size), Hard Sourdough, Pita Pretzel Squares, Kidzels 100 Calorie Pack
  - **Kraft Handi-Snacks Mister Salty Pretzels 'n Cheese Dip**
  - **Newman's Own** – Salted Sticks, Salted Pretzel Rounds, Unsalted Pretzel Rounds, Spelt Pretzels
  - **Nabisco 100 Calorie Mister Salty Pretzels** – Milk Chocolate, Yogurt Flavored
  - **Oatzels** – Original, No Salt Added
  - **Pepperidge Farm Goldfish Pretzels**
  - **Pepperidge Farm 100 Calorie Pouches Goldfish Pretzels**
  - **Rold Gold** – Thins, Sticks, Rods, Tiny Twists, Lightly Salted Tiny Twists, Tiny Twists Cheddar, Tiny Twists Honey Mustard, Sourdough, Honey Wheat, Cheesy Garlic
  - **ShopRite** – Mini, Mini Fat Free, Mini No Surface Salt, Gem, Amish Pretzel Sticks, Amish Pretzels Fat Free, Amish Pretzels No Surface Salt, Thin, Thin Fat Free, Waffle, Rods, Stick Pretzels Fat Free

## PORK RINDS

- ✓ **Utz Fried Port Rinds**
- ✓ **Utz Pork Rinds** – BBQ, Hot and Spicy, Salt and Vinegar

## CHEESE SNACKS

- ✓ **Utz Cheese Balls** – Hot, Plain
- ✓ **Utz Cheese Curls** – Crunchy, Hot, Plain, Tabasco, White Cheddar
- ✓ **Wise Cheez Doodles** – Cheese (Crunchy), Cheese (Mix), Cheese (Puffed Balls), Cheese (Puffed), Fiery Limon Fusion (Crunchy), Honey BBQ (Puffed), Hot 'n Honey (Puffed), Jalapeno Cheddar Poppers (Puffed Balls), White Cheddar (Met's Puffed Baseballs), White Cheddar (Puffed)
- **Cheetos** – Puffs, Puffs Honey BBQ, Crunchy, Flamin' Hot Crunchy, Baked
- **Kurly Kurls**
- **Kurly Go Rounds**
- **Original Tings Crunchy Corn Sticks**
- **Pirate's Booty** – Aged White Cheddar, Sour Cream & Onion, New York Pizza
- **Smart Puffs**
- **Sage Valley** – White Cheddar Puffs

## OTHER SALTY & SAVORY SNACKS

- ✓ **Wise Variety Packs** – 8, 24, 50 count packs
- ✓ **Wise Flavor Mix Variety Pack** – 24 count pack
- ✓ **Wise Onion Rings**
- ✓ **Wise Si Señor Picachones** – Chile & Lime
- ✓ **Wise Si Señor Ricachones** – Salt & Lime

## DIPS, DRESSINGS & SALSA

- ✓ **Wise Dips** – French Onion (Jar and Can), Nacho Cheese, Salsa Con Queso, Spinach
- ✓ **Wise Green Onion Dry Dip Mix**
- ✓ **Wise Salsa** – Medium, Mild

## FRUIT SNACKS/DRIED FRUIT

- ✓ **Barefruit All Natural Apple Chips** – Chile Lime, Cinnamon, Fuji Red, Granny Smith, Sea Salt Caramel
- ✓ **Brothers-All-Natural Fruit Clusters** – Apple Cinnamon, Blueberry Apply, Raspberry Apple
- ✓ **Brothers-All-Natural Fruit Crisps** – Asian Pear, Banana, Fuji Apple, Fuji Apple with Cinnamon, Mandarin Orange, Mango, Mixed Berry, Peach, Pineapple, Strawberry, Strawberry-Banana
- ✓ **Gerbs Dried Fruits** – Blueberries, California Raisins, Cranberries, Goji Berries, Tart Cherries
- ✓ **Giddy Yoyo Certified Organic Fruit** – Goji Berries, Golden Berries
- ✓ **Giddy Yoyo Certified Organic Fruit from Ecuador** – Banana Spears, Golden Berries
- ✓ **Giddy Yoyo Golden Berries from Ecuador Certified Organic**
- ✓ **Annie's Organic Bunny Fruit Snacks** – Sunny Citrus, Tropical Treat
- ✓ **Funky Monkey Snacks** – Applemon, Bananamon, Carnaval Mix, JiveALime
  - Betty Crocker Fruit Roll-Ups
  - Betty Crocker Fruit By The Foot
  - Fruit Gushers
  - Betty Crocker Fruit Flavored Snacks – Dora the Explorer, Scooby-Doo, SpongeBob Square Pants, Shark Bites
  - Clif Kid Organic Twisted Fruit – Strawberry, Mixed Berry

## GRANOLA/TRAIL MIXES/SEEDS

- ✓ **Enjoy Life Seed & Fruit Mixes** – Beach Bash, Mountain Mambo
- ✓ **Enjoy Life Granola** – Cinnamon Raisin Crunch, Double Chocolate Crunch, Very Berry Crunch
- ✓ **Gerbs Granola** – Cranberry Harvest, Dark Chocolate, Original Blend
- ✓ **Gerbs Pumpkin Seed Kernels** – Lightly Sea Salted, Raw, Roasted Unsalted
- ✓ **Gerbs Raw Black Chia Seeds**
- ✓ **Gerbs Raw Brown Flax Seeds**
- ✓ **Gerbs Raw Hemp Seed Kernels**
- ✓ **Gerbs Salad Toppers** – Cape Cod Antioxidant Mix, Cracker Crunch Mix, Super Seeds Mix
- ✓ **Gerbs Seed Meal** – Raw Flax Seed, Raw Pumpkin Seed, Raw Sunflower Seed, Whole Hemp Seed
- ✓ **Gerbs Snack Mixes** – SuperFruits, Sweet & Salty
- ✓ **Gerbs Sunflower Seed Kernels** – Lightly Sea Salted, Raw, Roasted Unsalted
- ✓ **Gerbs Whole Hemp Seeds** – Roasted Unsalted, Sea Salted
- ✓ **Gerbs Whole Roasted Pumpkin Seeds** – Lightly Sea Salted, Raw, Roasted Unsalted
- ✓ **Gerbs Whole Roasted Sunflower Seeds** – Lightly Sea Salted, Raw
- ✓ **I.M. Healthy Granola** – Plain, w/Fruit
- ✓ **MadeGood Granola Minis** – Apple Cinnamon, Chocolate Banana, Chocolate Chip, Strawberry
- ✓ **Nots! Sustenance Snacks** – Cajun, Original, Peppa
- ✓ **Red Plate Foods Nut Free Granola** – Dark Chocolate, Swirl (Vanilla & Chocolate), Vanilla Berry

## NUTRITION/CEREAL/ENERGY/GRANOLA BARS and TOASTER PASTRIES

- ✓ **Don't Go Nuts Energy Bars** – Blueberry Blast, Boogie Board Bash, Celestial Campout, Gorilla Power, Lift Service, Whitewater Chomp
- ✓ **Enjoy Life Baked Chewy Bars** – Caramel Apple, Cocoa Loco, Mixed Berry, SunButter Crunch
- ✓ **Enjoy Life Decadent Soft Baked Bars** – Cherry Cobbler, Chocolate SunButter, Cinnamon Bun, S'Mores
- ✓ **INBalance INBar** – Cherry Chocolate, Chocolate Butter Crunch, Chocolate Fudge, Chocolate Mint, Cinnamon Swirl, Strawberry Banana
- ✓ **MadeGood Granola Bars** – Apple Cinnamon, Chocolate Banana, Chocolate Chip, Mixed Berry
- ▲ **Vermont Nut Free Tanabar [EGG processed in facility]** – Chocolate Chip, Sweet Raisin, Triple Berry
- ✓ **AllerEnergy tion Bars** – Apple Cinnamon, Blueberry, Cherry Blossom, Chocolate Chip
- ✓ **EnerPro** – Double Chocolate Bar, Oatmeal Chocolate Bar
  - **Nature's Path Organic Toasted Pastries** – Frosted Chocolate, Frosted Strawberry, Frosted Cherry Pomogran, Blueberry

## BREAKFAST CEREAL

- ✓ **Enjoy Life Crunchy Cereals** – Crunchy Flax Original, Crunchy Flax with Chia, Crunchy Rice
- ✓ **Freedom Foods Cereals** – Ancient Grains, Cocoa Crunch, Corn Flakes, Maple Crunch, Pro-Teen Crunch, Rice Flakes, Rice Puffs, TropicOs

## CRACKERS

- ✓ **Gerbs Salted Mini Crackers**
  - *Cheese Nips* – Cheddar, Reduced Fat Cheddar, SpongeBob Square Pants
  - *Cheez-It* – Original, Reduced Fat, Big, White Cheddar, Reduced Fat White Cheddar, Hot & Spicy, Parmesan & Garlic, Duoz, Scrabble Junior, Cheddar Jack, Pepper Jack, Baby Swiss, Italian Four Cheese, Colby, Whole Grain, Gripz
  - *Cheez-It Snack Mix*
  - *Goldfish* – Baby Cheddar, Cheddar, Colors, Mix-Up, Parmesan, Pizza, Pretzel, Saltine, Whole Grain
  - *Goldfish Flavor Blasted* – XPlosive Pizza, Xtra Cheddar, Slammin' Sour Cream & Onion
  - *Goldfish Mix-Up Adventures* – Pretzel & Flavor Blasted Xtra Cheddar, Xtra Cheesy Pizza
  - *Goldfish 100 Calorie Pouches* – Cheddar, Pretzel
  - *Kraft Handi-Snacks* – Premium Breadsticks 'n Cheese Dip, Mister Salty Pretzels 'n Cheese Dip
  - *Nabisco 100 Calorie* – Sweet & Salty Mix Kettle Flavor
  - *Nabisco 100 Calorie Nabisco Premium Saltines* – Original, Unsalted Tops, Hint of Salt, Fat Free, Whole Grain, Minis, Fresh Stacks
  - *Nabisco Premium Soup & Oyster Crackers*
  - *Pepperidge Farm Baked Naturals Cracker Chips* – Simply Potato, Cheddar & Sour Cream Potato, Simply Multi-Grain
  - *Pepperidge Farm Baked Naturals Cheese Crisps* – Cheddar, Four Cheese Italian Herb
  - *Pepperidge Farm Baked Naturals Wheat Crisps* – Toasted Wheat
  - *Pepperidge Farm Distinctive Crackers* – Golden Butter
  - *ShopRite Society Crackers*
  - *ShopRite Cheese Crackers*
  - *ShopRite Whole Wheat Wafers* – Original, Reduced Fat, Rosemary & Olive Oil
  - *ShopRite Wheat Snacks* – Original, Reduced Fat
  - *ShopRite Saltines* – Original, Fat Free, Unsalted Tops, Wheat
  - *ShopRite Bits Crackers* – Original, Low Sodium, Wheat, Roasted Vegetable
  - *ShopRite Oyster Crackers*
  - *Stoned Wheat Thins* – Original, Lower Sodium, Mini
  - *Sunshine Saltines* – Krispy Original
  - *Triscuit* – Original, Reduced Fat, Hint of Salt, Garden Herb, Rosemary & Olive Oil, Fire Roasted Tomato & Olive Oil, Cracked Pepper & Olive Oil, Roasted Garlic, Rye with Caraway Seeds
  - *Triscuit Minis* – Original
  - *Triscuit Thin Crisps* – Original, Parmesan Garlic, Four Cheeses, Chile Pepper
  - *Wheat Thins* – Original, Reduced Fat, Hint of Salt, Ranch, Reduced Fat Garlic & Herb, 100% Whole Grain, Sundried Tomato & Basil, Multigrain, Parmesan & Basil
  - *Wheat Thins Fiber Selects* – 5 Grain, Garden Vegetable

## GRAHAM CRACKERS

- ▲ **Skeeter Nut Free Grahams** [EGG processed in facility] – Cinnamon, Honey
  - *Cinnamon Grahams* – Plain, Low Fat
  - *Nabisco Grahams* – Original
  - *Nabisco Honey Maid* – Honey, Low Fat Honey, Cinnamon, Low Fat Cinnamon, Chocolate, Fresh Stacks
  - *ShopRite* – Sugar Honey Grahams, Sugar Honey Grahams Low Fat, Chocolate Grahams
  - *Teddy Grahams* – Cinnamon, Honey, Chocolate, Chocolatey Chip, Mini

## CUPCAKES/MUFFINS

- ✓ **Divvies Cupcakes** – Chocolate, Vanilla
- ✓ **Red Plate Foods Muffins** – Banana, Blueberry Lemon, Cranberry Orange, Dark Chocolate
- ✓ **Sweet Alexis Cupcakes** – Chocolate/Chocolate, Chocolate/Cream, Chocolate/Orange, Chocolate/Pink, Pumpkin, Red Velvet
- ✓ **Sweet Alexis Muffins** – Banana, Zucchini

## PIES

- ✓ **JJ's Bakery Pies** – Apple, Banana Cream, Blackberry, Cherry, Chocolate, Lemon, Peach
- ✓ **JJ's Bakery Tid-bits** – Apple, Cherry

## COOKIES

- ✓ **Cybele's Free-to-Eat Cookies** – Chocolate Chip, Chocolate Chunk Brownie, Oatmeal Raisin
- ✓ **Divvies Cookies** – Chocolate Brownie, Chocolate Chip, Molasses Ginger, Oatmeal Raisin, Sugar
- ✓ **Enjoy Life Crunchy Cookies** – Chocolate Chip, Double Chocolate, Sugar Crisp, Vanilla Honey Graham
- ✓ **Enjoy Life Soft Baked Cookies** – Chocolate Chip, Double Chocolate Brownie, Gingerbread Spice, Snickerdoodle
- ✓ **HomeFree Gluten Free Cookies** – Chocolate Chip, Oatmeal
- ✓ **HomeFree Gluten Free Mini Cookies** – Chocolate Chip, Double Chocolate Chip, Vanilla
- ✓ **Lucy's Gluten Free Brownie Crisp** – Triple Chocolate
- ✓ **Lucy's Gluten Free Cookies** – Chocolate Chip, Chocolate Chocolate Chunk, Chocolate Merry Mint, Cinnamon Thin, Ginger Snap, Holiday Sugars, Lemon Goodness, Oatmeal, Pumpkin Patch, Sugar Cookie
- ✓ **Lucy's Gluten Free Snack 'n Go Packs** – Chocolate Chip, Chocolate Chip / Chocolate Cookie / Maple Bliss Combo
- ✓ **Red Plate Foods Cookies** – Chocolate Chip, Double Chocolate, Lemon Sugar, Oatmeal
- ✓ **Sweet Alexis Cookies** – Chocolate Chip, Ginger, Lemon Sugar, Oatmeal Chocolate Chip, Oatmeal, Shortbread, Sunflower Butter Chocolate Chip
- ✓ **Sweet Alexis Novelty Vanilla Cookies** – Baseball, Basketball, Blue, Flower, Happy Face, Heart, Patriotic, Shamrock
- ✓ **Sweet Alexis "Wheatless" Cookies** – Chocolate Chip
- ▲ **Eleni's Crisp Cookies [Contains EGG]** – Beyond Butterscotch, Chocolate Chip, Ginger Snappy, Oatmeal Chocolate Chip, Pink Sugar
- ▲ **Eleni's Hand Iced Sugar Cookies [Contains EGG]** – Butterflies, Color Me!
- ▲ **MySuperCookies [EGG processed in facility, Contains Highly Refined Coconut Oil]** – Blueberry Vanilla, Chocolate, Honey
- ▲ **Skeeter Snacks Mini Cookies [Contains EGG]** – Chocolate Chip, Double Chocolate, Shortbread, Variety Pack
- ▲ **SnackWell's Chocolate Chip Cookie Bites [EGG processed in facility]**
- ▲ **SnackWell's Sandwich Creme Cookies [EGG processed in facility]** – Vanilla, Chocolate
- ▲ **Touche' Bakery Biscotti [Contains EGG]** – Extra Cranberry
- ▲ **Touche' Bakery Meringues [Contains EGG]** – Chocolate Chip, Mint Chocolate Chip, Rainbow,
- ▲ **Touche' Bakery Mini Biscotti [Contains EGG]** – Cappuccino Chocolate Chip, Extra Cranberry, Orange Zest, Triple Chocolate
- **Barnum's Animal Crackers** – Original
- **Chips Ahoy** – Chocolate Chip, Reduced Fat, Candy Blasts, Chunky, Chewy, White Fudge Chunky, Mini
- **Dare Foods-Breaktime** – Chocolate Chip, Oatmeal, Ginger
- **Dare Foods Pure Chocolate Whippet**
- **Lorna Doone Shortbread Cookies**
- **Nabisco 100 Calorie Packs** – Chips Ahoy Thin Crisps, Lorna Doone Shortbread Cookie Crisps
- **Nabisco Biscos Sugar Wafers** – Creme Filling
- **Nabisco Ginger Snaps**
- **Newtons** – Original Fig, Fat Free, Whole Grain, Strawberry, Raspberry
- **Newtons Minis** – Whole Grain Fig
- **Newtons Fruit Crisps** – Apple Cinnamon
- **Oreos** – Original, Double Stuf
- **ShopRite Scrunchy Animal Crackers**

## CANDY

- ✓ **Amanda's Own Confections** – Assorted Gourmet Jelly Beans, Sour Gummy Bears, Sour Gummy Worms
- ✓ **Charms** – s, Blow Pops, Mini Pops
- ✓ **Charms Blow Pop Bubblegum**
- ✓ **Charms Sour Balls, Squares**
- ✓ **Crows**
- ✓ **Cry Baby Sour Gumballs**
- ✓ **Divvies Solid Gum Balls**
- ✓ **Divvies Super Stars**
- ✓ **Dots**
- ✓ **Double Bubble** – Gumballs, Twist Wrap
- ✓ **Goetze's Caramel Creams** – Apple, Chocolate, Licorice, Strawberry, Vanilla
- ✓ **Goetze's Cow Tales** – Caramel Apple, Chocolate, Strawberry, Vanilla
- ✓ **Goetze's Mini Cow Tales** – Vanilla
- ✓ **Sugar Daddy**
- ✓ **Surf Sweets** – Fruity Bears, Fruity Hearts, Gummy Bears, Gummy Worms, Peach Rings, Sour Berry Bears, Sour Worms, Spooky Spiders, Watermelon Rings
- ✓ **Surf Sweets Jelly Beans** – Original, Spring Mix
- ✓ **Dots**
- ✓ **Parade Cotton Candy**
- ✓ **Sugar Daddy**
- ✓ **Tear Jerkers Sour Bubble Gum**
- ✓ **Tootsie Fruit Rolls** – Cherry, Lemon, Lime, Orange, Vanilla
- ✓ **Tootsie Pop Drops**
- ✓ **Tootsie Pops** – Cheery, Chocolate, Grape, Orange, Raspberry
- ✓ **Tootsie Roll**
- ▲ **Charleston Chew** [Contains EGG]
- ▲ **Junior Caramels** [EGG processed in facility]
- ▲ **Junior Mints** [EGG processed in facility]
- ▲ **Sugar Babies** [EGG processed in facility]
- ▲ **Vermont Nut Free Jelly Beans** [EGG processed in facility]
- ▲ **Vermont Nut Free Skippers** [EGG processed in facility] – Dark Chocolate, Milk Chocolate
- ▲ **Vermont Nut Free Toffee Crunch Bark** [EGG processed in facility]
- Andes Mints – All varieties
- Dum Dum Pops
- Frooties
- Good & Plenty
- Kraft Caramels
- Lifesavers Hard Candies
- Lifesavers Gummies
- Lifesavers Gummies Collisions
- Milk Duds
- Jolly Rancher Hard Candy
- Jolly Rancher Doubles
- Pez
- Push Pop
- Red Vines
- Razzles
- Rolo
- Skittles – All varieties
- Smarties
- Sour Patch Kids
- Sour Punch Straws – Apple, Strawberry
- Starburst Fruit Chews – All varieties
- Starburst GummiBursts – All varieties
- Starburst JellyBeans – All varieties
- Twizzlers – All wrapped varieties
- Whoppers – Original Only
- Zours

## FUDGE

- ▲ **Vermont Nut Free Fudge** [Contains EGG] – Chocolate, Maple, White Chocolate

## MARSHMALLOW

- ✓ **AllerEnergy** – Marshmallows, Marshmallow Treats, Marshmallow Crème
- ShopRite Marshmallows
- Campfire Marshmallows



## CHOCOLATE (See also BAKING, CANDY MAKING, FOUNTAIN CHOCOLATE and CHOCOLATE CHIPS)

- ✓ **Amanda's Own Confections Chocolate Bars**
- ✓ **Amanda's Own Confections Chocolates** – Shape Varieties, Crispy Bark, Marshmallow Clusters, Peppermint Bark
- ✓ **Amore di Mona Bars**– Caramela, Caramela with Cherries, Caramela with Cranberries, Caramela with Crunchy Coffee Beans, Dark Chocolate, Dark Chocolate Bulk, Dark Chocolate with Crunchy Coffee Beans, Dark Chocolate with Currants
- ✓ **Amora di Mona Gift Boxes** – Connoisseur Box, Holiday Box
- ✓ **Divvies Chocolate Bar** – Benjamint Crunch, Divvine Chocolate, Semi-Sweet Chocolate with Rice Crunch
- ✓ **Divvies Hand-Poured Chocolate** – Divvisaurus Chocolate Dinosaur, BOO!! X 2 Ghosts, BAG O' BATS
- ✓ **Enjoy Life Boom Choco Boom Chocolate Bars** – Dark Chocolate, Ricemilk Chocolate, Ricemilk Crunch
- ✓ **Free2b Foods** – Dark Chocolate Mint Cup, Milk Chocolate Caramel Cup, Dark Chocolate Sun Cup, Milk Chocolate Sun Cup
- ✓ **Pascha Organic Dark Chocolate** – 55% Cacao, 55% Cacao with Cocoa Nibs, 55% Cacao with Goldenberries, 70% Cacao, 85% Cacao
- ✓ **Pascha Organic Dark Chocolate Mini-Bars** – 55% Cacao, 70% Cacao, 85% Cacao
- ✓ **Premium Chocolatiers** – Milkless Bars, No Whey, Peanut Cups
- ▲ **Vermont Nut Free Chocolate Bars [EGG processed in facility]** – Large, Mini, Small – Crispy, Dark, Milk varieties
- ▲ **Vermont Nut Free Chocolate Coins [EGG processed in facility]** – Dark, Milk
- ▲ **Vermont Nut Free Chocolate Covered Mini-Twist Pretzels [EGG processed in facility]** – Dark, Milk, White, Assorted
- ▲ **Vermont Nut Free Chocolate Pops [EGG processed in facility]** – Every Day, Special Occasion, Sports & Leisure, Summertime – Milk, White varieties
- ▲ **Vermont Nut Free Chocolate Shapes [EGG processed in facility]** – Bag of Bugs, Bag of Cats, Bag of Dogs, Dollar signs, Drops, Flower Assortment, Frog, Herd of Cows, Litter of Pigs, School of Fish, Sports Fan Assortment, Tackle Box, Turtle, Unicorn – Crispy, Milk, Dark, White varieties
- **Hershey's Chocolate Bars** – 1.55 oz Bars (Note: other sizes may not be safe)
- **Hershey's Chocolate Kisses** – Plain, Special Dark

## BAKING, CANDY MAKING, FOUNTAIN CHOCOLATE and CHOCOLATE CHIPS (See also CHOCOLATE)

- ✓ **Amanda's Own Confections** – Chocolate Chips
- ✓ **Divvies Semisweet Chocolate Chips**
- ✓ **Enjoy Life Baking Chocolate** – Semi-Sweet Mega Chunks, Semi-Sweet Mini Chips
- ✓ **Gerbs Dark Chocolate Chips**
- ✓ **Pascha Organic Dark Chocolate Chips** – 55% Cacao Semi-Sweet, 85% Cacao Bitter-Sweet, 100% Cacao Unsweetened
- ✓ **Triann's Pantry Allergy Friendly Hot Cocoa Mix**
- ✓ **Chocoley Bada Bing Bada Boom Candy & Molding Formula** – Dark, Extra Dark, Milk, White
- ✓ **Chocoley Bada Bing Bada Boom Dipping & Coating Formula** – Dark, Milk, White
- ✓ **Chocoley Drizzle & Design Gourmet Compound Chocolate** – Dark, Milk, White
- ✓ **Chocoley Indulgence Ultra Couverture Dipping/Enrobing Chocolate** – Milk (31% Cocoa), Semi Sweet Dark (56%)
- ✓ **Chocoley Just Melt It! Fountain & Fondue Chocolate** – Milk, Semi-Sweet Dark, White
- ✓ **Chocoley V125 Indulgence Couverture Chocolate** – Bittersweet Dark (58% Cocoa), Milk (28% Cocoa), Semi Sweet Dark Chocolate (56% Cocoa)
- ▲ **Vermont Nut Free Candy Melts [EGG processed in facility]** – Dark Chocolate, Milk Chocolate, White Chocolate
- ▲ **Vermont Nut Free Chocolate Chips [EGG processed in facility]** – Butter Scotch, Milk Chocolate, Semi-Sweet Chocolate, White Chocolate
- ▲ **Vermont Nut Free Cocoa Powder [EGG processed in facility]**
- ▲ **Vermont Nut Free Unsweetened Baking Chocolate [EGG processed in facility]**

## COOKING OILS

- ✓ **Winona Pure** – Canola, Extra Virgin Olive Oil, Popcorn Butter, Sunflower

## BAKING/FLOURS/MIXES

- ✓ **Allergic Solution Cake Mixes** – Carob, Vanilla
- ✓ **Allergic Solution Yeast Free Bread Mix**
- ✓ **Allergic Solution Pancake/Waffle Mix**
- ✓ **Divvies Frosting** – Chocolate, Vanilla
- ✓ **Enjoy Life Baking Mixes** – All Purpose Flour Mix, Brownie Mix, Muffin Mix, Pancake + Waffle Mix, Pizza Mix
- ✓ **Gerbs Gluten Free Rolled Oats**
- ✓ **Giddy Yoyo Blueberry Powder from Quebec**
- ✓ **Giddy Yoyo Certified Organic Cane Crystals from Ecuador**
- ✓ **Giddy Yoyo Certified Organic Powder** – Lucuma, Maca, Mesquite, Camu Camu from Peru
- ✓ **Giddy Yoyo Mountain Salt**
- ✓ **Giddy Yoyo Vanilla Bean Powder**
- ✓ **HomeFree Gluten Free Oat Flour**
- ✓ **HomeFree Gluten Free Quick Oat Flakes**
- ✓ **HomeFree Organic Tapioca Starch**
- ✓ **HomeFree Soy Lecithin Powder**
- ✓ **HomeFree Sunflower Lecithin Powder**
- ▲ **Rebecca's Nut-Free Cookie Dough [Contains EGG]** – Butter Sugar, Chocolate Chip, Oatmeal Raisin
- ✓ **Southern Homestyle Gluten Free Corn Crumbs** – Cornflake, Tortilla
- ✓ **Triann's Pantry Allergy Friendly Flour Blend**
- ✓ **Triann's Pantry Mixes** – Allergy Friendly Sugar Cookie Mix, Crazy Good Cupcake Mix, Everybody Wins Oatmeal Cookie Mix, Perfect Pancake and Waffle Mix

## ICE CREAM, ICE POPS and ICES

- ✓ **Froozer** – Blue Aloha, Strawbanana Bliss, Tropical Sunset
- ✓ **Nana Creme** – Blueberry Pie, Brownie, Chocolate Chip, Chocolate Covered Banana, Cookie Dough, Mint Chip, Strawberry, Vanilla
- ✓ **PhillySwirl** – Popperz, Swirl Cups w/Candy Spoonz, Swirl Stix
  - Dole Fruit Bars – Variety 12 Pack (Strawberry, Grape, Raspberry)
  - Luigi's Real Italian Ice – 6 Pack Varieties: Cherry, Lemon, Lemon & Strawberry, Mango, Watermelon & Blue Raspberry
  - Marino's Italian Ice – 12 Pack Varieties: Blue, Bubble Gum, Cherry, Chocolate, Cola, Grape, Lemon, Lime, Mango, Orange, Pineapple, Rainbow, Strawberry, Tropical, Watermelon
  - Minute Maid Juice Bars – 12 Pack Varieties: Cherry, Grape, Orange
  - Breyers Pure Fruit Bars – 12 Pack (Strawberry, Orange, Raspberry)

## HEALTH FOODS and SUPPLEMENTS

- ✓ **Giddy Yoyo Dual Extracts** – Chaga 1:1 Dual Extract Tincture, Reishi 1:1 Dual Extract Wild Harvested
- ✓ **Giddy Yoyo Chaga Tea Wild Harvested from Ontario**
- ✓ **Giddy Yoyo Chlorella Powder Broken Cell Wall**
- ✓ **Giddy Yoyo Nori (Seaweed)**
- ✓ **Giddy Yoyo Spirulina Powder from Ecuador**
- ✓ **Giddy Yoyo Wheatgrass Juice**

If you don't see your favorite product in the  
**Safe Snack  Guide**

please contact the company and ask them to join our Manufacturer Partnership  
(It's free for responsible manufacturers to join and have their products listed!)